

afaf
hn7j/gfysf]
kfjgggu/L
hn7j/df
kfNgxbj] ;Dk0f{
dxfgbfjx?nf0{
xflb\$:jfut
ub5f].
kflnsf vfj
kl/jf/ dxfQ/L

पालिका खोज

PALIKA KHOJ WEEKLY NEWSPAPER MAHOTTARI

aif{\$,c\$ @#,@) *@ ;fpg % ut] ;f]laf/- 21 JULY , 2025_-k[7 \$_dNo ?=%÷-

ahf/ 7jsfsf]ljifodf e8k,
j8folf;ixt rf/ hgf 3f0t]

d[s JolQmsf]gfdaf6 ufzfnf
dfnktf]df hluuf vl/blaqmL

lhjg rfy/L
dxftQ/L

dxftQ/Lsf] ufzfnf gu/kflnsf-% df /xsf] uf tyf v;L ahf/sf] 7jsf /fh:j ;ngsf] ljifonf0{ lnP/ b0[klfalr ePsf]e8kdf j8folf;ixt rf/ hgf 3f0t] ePsf 5g\.

Onsf k/L sfotfho ufzfnf cg';f/ ;f]laf/ laxfg 7jsf /sd ;ngsf qmddf gu/kflnsf kl/ /lgufh uf0{ ufzfnf] klw/alr ljfb rls[kl5 xft xfnfxn ePsf] lyof] e8ksf qmddf ufzfnf gu/kflnsf j8f g#@ sf clolf Zofdstf/ d08n, :yfglojf;L ljkg ;fx,ljho ofbj / ;7> dxtf]3f0t]ePsf xg\.

pglx;dwo] clolf d08n /ljho ofbjsf]cj:yf uDeL/ /xsf] yk pkrf/sf nflu sf7d8f]ul/Psf]hg]OPsf] 5. :yfglof cg';f/ ljfbf] dh sf/Of uf tyf v;L ahf/sf]7jsf /To;af6 p7f0g] /fh:j xj

ufzfnf gu/kflnsf /

lgufh uf0{ufzfnf]cf- cf^gf] tkf6 ahf/ 7jsdf nufpg] kpf; ubf]a ptkg ePsf]xf] . lgufh uf0{ufzfnf] cf^gf] sdfr/L v6fP/ /fh:j ;ngsf] k]qmf cufl8 a9f0/xgf gu/kflnsf]To;df cj/fly kofPsf] Onsf k/L sfotfho ufzfnf]hg]Psf]5 .

o;cl3,lj=;#@)&) df lgufh uf0{ ufzfnf] Joj:yfkg sfotfho / t]sfng ufzfnf uflj ;alr ePsf] ;Demf]fcg';f/ uf tyf v;L ahf/sf] 7jsaf6 p7sf] sh /sdsf]@% k]tzt ufzfnf0{ pknAw u/fpg] ;xdlit ePsf] lyof]. t/ ;f] ;Demf]f cfly\$ jif@))&\$ d]66]klg ufzfnf gu/kflnsf] ;f]kl hluufd jif]lagf ;Demf]f kz'ahf/ ;~rfng ub]cfPsf]lgufh uf0{ ufzfnf] cf/fly 5 .

ufzfnf]gddf /xsf]@ la3f ! (sf !! w/ hluufd gu/kflnsf sfotfho] ahf/ ;~rfng ub] cfPsf] /

;Demf]fcg';f/sf]/sd glb0{ pN6}hah{tL 7jsf nufpg] cfPsf] ubf;f] lgufh uf0{ ufzfnf] u/]sf] xj . /fli6e ;xsf/L lgodg k]lws/Ofsf kzf; slo clwsf] sfGtL s'df/L kf08]sf cg';f/ ufzfnf;af] /xsf] s/f] ?kpf]bf a9L /sdsf]ltg{ af/Daf/ t]sf] ubf] klg gu/kflnsf] sbj]k]tlqmf glbPsf]cf/fly 5 .

;f] 36gkl5 ;/lfl:ytlnf0{ lgoGq0df lngsf nflu k/L an kl/rfng ul/Psf]lyof]. clxn] ahf/ l]gdf kx/Lsf] af]Snf]pk]ylt /xsf]lyof]eg clxn] cj:yf ;fdfo ePsf] 5 .

otf ufzfnf gu/kflnsf gu/kpV blk]> dxtf]ahf/ :yfglo ;/sf/sf] /xsf] eGb} gu/kflnsf] rfng] sbd j]f]gs /xsf]atfP . pgn] s]kl ljklfl bnn] uf0{ ufzfnf0{pS;fP/ e8ksf] cj:yf l;hg] u/]sf] cf/fly ;d] nufP .

kflnsf vfj
dxftQ/L

dxftQ/Lsf] ufzfnf dnfkt] sfotfho]d]ssf]gddf hluuf vl/blaqmL u/]sf] 36gf ;f]f]lgs ePsf]5 .

dnfkt]sf sdfr/L / eDf]k]ofn]rnv] u/L gePsf JolQmf0{ hluufwgl agf0{ dxftQ/Ldf hluuf vl/blaqmL ul/Psf]e]6Psf]5 . ;f]jssf] lzjelQm vf] @ -v_ lsQf g# !*# sf])-%-!@ !÷@ l]f]kmn ePsf] k;f]f]f8sf dxz rfy/Lsf]gddf /xsf] / pQm hluufd 3/af6]gePsf] s]f l]gdf jul\$ /Of ul/Psf]egl ufzfnf gu/kflnsf-\$ sf j8folf /fdgf/fo0f dx;fn] @)*@ c;f/ ^ ut]l;klf/; u/]sf lyP .

j8af6 l;klf/; eP klg hluufwgl dxz rfy/Lsf]d[o' e0;sf] lyof] . hluufwgl sf] d[o' e0;sf] cj:yf

gSsnL hluufwgl v8f u/L pQm hluuf ufzfnf dnfkt] sfotfhoaf6 c;f/ * ut];D;L ufPsf]sf sf /l-htsf/ ;fxnf0{!! nfv #% xhf/ ?kpf] gfd;f/L ul/Psf]5 .

hluuf gfd;f/L ubf]vl/bstf] ljql]sf] a\$ vftdf k]f h0df u/L a\$ ef] / dnfkt] sfotfodf aem]pgkg]x05 .

!) nfveGb a9L dnosf]hluuf vl/blaqmLdf a\$ ef] / clgjfo ul/P klg ufzfnf dnfkt]df !! nfv #% xhf/ ?kpf]gub aem]Psf]pNn] ul/Psf]5 .

a\$ ef] /lagf gh]hluuf /lh:6/ u/fpg sdfr/Lnf0{khfegdf kl/Psf]kfOPsf]5 .

hluuf laqmL ug] JolQmsf] gful/stf kpf]0ft gu/L, a\$ vftdf k]f ghDxf0{ vl/blaqmLsf k]qmf k'f ubf] e8f] lj j/Of e/ n]f]k9L Joj;foln] sdfr/Lnf0{ 5 .

khfegdf kf/] d] JolQmsf] gdsf]hluuf ufzfnf dnfkt] sfotfhoaf6 vl/blaqmL ul/Psf] 5 .

ufzfnf dnfkt]sf sdfr/Lsf cg';f/ d]s dxz rfy/L gddf /xsf]cGo hluuf hn7j/ dnfkt] sfotfhoaf6 ;d] vl/blaqmL ePsf]5 .

tlg 7pbf hluuf laqmL ePsf] / n]b]df ;xdlit gePk]5 ufzfnf dnfkt] sfotfho] gfd;f/L ePsf]hluuf k]l lknf] u/]sf]5 .

;D;L ufPsf]sf-! k;f]3/ e0{s]kl jifcl3 d[o' ePsf dxz rfy/Lsf] hluuf ufzfnf / hn7j/ dnfkt]af6 ;D;Lsf] /l-htsf/ ;fxsf] gddf gfd;f/L ul/Psf] dnfkt]sf sdfr/Ln]atfP .

cfly\$ n]b]df ;xdlit gx] laqmL e0{gfd;f/L e0;sf] hluufsf]vl/blaqmL /2 ul/Psf] 5 .

सडक दुर्घटनाबाट बचाऔं र बचाऔं

- ❖ जेब्रा क्रसिङबाट मात्र सडक पार गरौं,
- ❖ सडक पेटीबाट हिडौं,
- ❖ रातीको समयमा यात्रा गर्दा प्रकाश परावर्तन हुने कपडा लगाऔं,
- ❖ चलिरेको सवारी साधनबाट ओर्लिने वा चढ्ने कार्य नगरौं-नगराऔं,
- ❖ सवारी साधनमा भएका सिट बेल्ट प्रयोग गरौं,
- ❖ भीडभाड भएका सवारी साधनमा यात्रा नगरौं-नगराऔं,
- ❖ सडकमा जथाभावी नहिडौं-नहिडाऔं,
- ❖ पशु चौपायाहरुलाई सडकमा नछाडौं,

नसर्ने रोगबाट बच्ने उपाय ।

- ❖ धूमपान र मद्यपान नगरौं,
- ❖ दैनिक शारीरिक व्यायाम गरौं,
- ❖ मानसिक तनावबाट मुक्त रहौं,
- ❖ अस्वस्थकर खानपान र जीवनशैली नअपनाऔं,
- ❖ स्वस्थकर र सन्तुलित भोजन गरौं,
- ❖ नियमित स्वास्थ्य जाँच गरौं,

समयमै नसर्ने रोगको जाँच गराऔं, स्वस्थ र दीर्घ जीवन बाँचौ ।

dxftQ/L ufpkflnsf
dxftQ/L

hn7j/ gu/kflnsf
hn7j/, dxftQ/L



पालिका खोज साप्ताहिक

सम्पादकीय

ltvf[sf] cGge08f/

; \$6u{t l f] 3]f0ffsf] c]krf]/stf k'f ugEbf sfo[n]n] c]f]ofPsf ; d]wfgsf pkfonf0{o4: t/df sfotf]og ug{cfjZos 5 .

kpz ; /sf/n] ; Sv l f] ; xof]u sfo]m d]cGtuE sl/a !@ ; o ls ; fgnf0{ : ofnf] 6bajh l j t/Of ug] of]hgf agfof] t/ cfj]g @\$ xhf/ & ; o \$ \$ j6f kgf] ; /sf/L of]hgf / w/ftnlo oyfyE l rsf]vf8nnf0{phfu/ u/}sf]5 .

kpz ; /sf/n]sl/a !@ ; o 6bajh l j t/Of ug] ; fdf]o of]hgf agfpE cfjZostf eg] s]p]u0ff w]}b]vg' egEsf] ; /sf/n]w/ftnlo oyfy{gabEsf]b]vG5 . dw] el/ k- rfotsfnb]v xfn ; Dd lgdff ul/Psf xhf/}8k 6bajh d]llo]cfwfeGbf a9L kp]l]xlG 5g\ . ; d] t/f0{dw] ; l ; Ff0 l j z]f sfo]m dh:tf dx]jfsfE of]hgf cGtuE h8fg ePsf ; of] 6bajh d]llo] clwsfzn] v]df kfgl x]f]g, lvo/ / pbf ; lgtf dfq} km]f0/x]f 5g\ . l tgsf] ; fdf]o ddE klg xg ; s]f]5g . st}k0k jf kofgn af]5g] st}6E ; km]d r]l ePsf 5g\ .

k'f]g / lgdffwlg cfo]hgf nf0{ ; DkGg u/L k]tkm ; lglZrt ugEsf] ; sf gof]hgf lznf]of ; ug] /fhglts x]bafhln]nufglnf0{ cgtkfs agfPsf]5 . : ofnf] 6bajh sf nflu k/}sf] cfj]g sf] cf]f]k]p ; /sf/sf nflu Pp6f j]s-ck snl x] ca w/ftnlo oyfyE cfwf/df ; /sf/n]bl3sfnlG /ofglit / sfo]m agfpg ; S5 . ca @\$ xhf/eGbf a9L cfj]gsaf6 !@ ; o ef]uodfgl ls ; fg s ; /L 5fg5g\ < sb}klg l]lw ckgpE To]lgikl xg ; Sb} / o ; n] /fhglts bafa, klkft / sk]fbsf]9f]f v]l]g lglZrt 5 . cfj]g sf] of]af9L ; /sf/sf nflu rg]l dfq x]f]g, Ps dx]j k]f]c]j ; / klg x]f . o ; n]k]p]df l ; Ff0sf] cfjZostf slt l]s /fn 5 eGg] / csf6b k]f]f lbPsf]5, h ; nf0{ca sb} klg axfgdf k5fpg ; lsE .

dw] ; df kfglsf]dh ; f] d]f]gg r]r]l]sf]clgolt b]xgn]eldut hn kge{0sf]k]s[t s k]qno nf0{ : t k/}sf]5 . r/}sf]l]jgfn] Psf]t / gblgfnf] kfglsf] ; tx 36fPsf]5 eg]csf]t/ eldut kfglsf] tx !) b]v !% ld6/ ; Dd tn efl ; E k'f]g : ofnf] 6bajh x ; Sb}uPsf 5g\ . dw] sf]l ; Ff0 ; d:of ; d]wfgsf nflu e]f]l/g' kb} . ; /sf/n]g]u7g u/}sf] sfo]nsf]kl j]gn] : ki6 dfu[rq sf]sf]5 . ; aEbf t]tsfn ugEg]sf]d egEsf] kp]l]xlG c]j:ydf / x]f ; of]8k 6bajh nf0{ddE- ; Def/ u/ L ; ~rfngdf Nofpg' x]f ; fdf]o ddE . 6E ; km]d h8fg / l j B'ts/ Ofh:tf sf]daf6 xhf/}8k / hldgf l ; Ff0 ; l]w k]g:y]k'f]g ugE ; lsG5 . hg gof] 6bajh h8fg ugEbf thgf]ds Gkdf lgs} sd vlr]f/ l56f]xG5 . o ; sf nflu tlg}txsf ; /sf/ l j B't k]lws/Of / :yfglo ; dbfoalr alnof] ; dGjo cfjZos 5 . k]f]f/sf] ; l]f ; lglZrt ug] / pkef]nf ; ldltxGnf0{h jf km]b]L / lqno]zln agfpg] ; Gg lgdff ugEplQs}h?/L 5 .

xfd] z/L/nf0{sg kpf/sf vfgE/f krfpg slt ; do nfu5 <

kf-8f: dgf]h sd]f/ zfx
kE tyf snh]f / f] l j z]f1

t/n cxf/ h:t}kfgl ; k, h'; nf0{krfpg z/L/nf0{! b]v @ 306f nfu5 .

cwE]f; vfgf h:t}lvr8L, bfn, pdfn]sf]c08f krfpg ! b]v @ 306f nfu5 .

7f]; vfgf h:t}/f]L, df; ; km]km]h krfpg z/L/nf0{\$ b]v ^ 306f cfjZos xG5 .

x/} lbG xfdl vfgf vfgE/f lsggeg] xfd]f] z/L/nf0{ cfjZos k]f]s tQj / p]hf{ vfgaf6 g]k]t xG5 . oxl

cfwf/df xfdln] vfgfnf0{ l]leGg >]f]ldf l]efhg u/}f 5f]h:t} : j:y vfgf / c:j:y vfgf, 7f]; vfgf / t/n vfgf, l5\$}kRg]vfgf / l9nf]kRg]vfgf cflb . oxl

cfwf/df xfdl c^gf]vfgsf] of]hgf agfpE t/ slxNo} ; f]g'ePsf] 5, k]pn] vfgfnf0{ s ; /L krfpE < vfgf krfpg slt ; do nfu5 <

t/n cxf/ krfpg slt ; do nfu5 < t/n cxf/ tL xg\h ; nf0{ ; lhn}lkpg ; lsG5, h:t} kfgl ; k, h';, kftnf]lvr8L jf kftnf] bfn . logdf km]0a/ sd xG5 / z/L/n] lognf0{l5\$}krfpE . ha

z/L/nf0{ kfglsf] dfqf jf cf/fdsf] cfjZostf xG5, ol w]}km]0bfhgs xG5g\ . olb sb}klg kpf/sf] t/n vfgf jf k] kb]f} vfgE eg]To ; nf0{krfpg ! b]v @ 306f ; do nfu5 . kfgl / h'; h:t}ki6 t/n kb]f}G

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ; j]g ugE{xE .

cw{7f]; vfgf s]x]f < cw{6f]; vfB kb]f}G g k]f]Gkdf 7f]; xG5g\ g t k]f]Gkdf t/n, l tgnf0{ ; j]L- ; f]n8U vfgf elG5 . h:t} lvr8L, bfn, pdfn]sf] c08f, b]xL, pdfn]sf t/sf/LxG jf Dofz ul/Psf] cfn' cflb .

l5\$}kR5g\ . ha ls kftnf] lvr8L jf bfn]sf] ; k kRg cln a9L ; do nfu5 . t/n cxf/ krE eg] < slxn]sf]lE:tf]xG5 ls, s]L d]fg ; xGsf]k]df t/n vfgf cl8E jf kRb} . o:t] c]j:ydf kE km]Ng] Uof; ; jfsj]sl jf emf8fkvfnf xg ; S5 . nfd]f ; do ; Dd o:t] /Xof] eg] sdhf]L / l8xf08}gsf] vt/f xG5 . To ; h] emf8fkvfnf nflu b] xfdlnf0{kftnf]lvr8L dfq vfg ; Nnf] lb0G5 .

t/n cxf/ slxn]lngk5< s]L d]fg ; xGn] c^gf] cxf/df t/n kb]f}w]} /f]5g\ t/ of] /f]l, ysfg, zNolq]mf kl5, udlE jf Jofof]dkl5 lng' km]0bfhgs xG5 . pkj]f ; sf] ; dodf klg of] /fd]l]sNk x]f . t/n cxf/ slxn]lng' xE < dw]xsf la/fdLxGn]ulnof] h'; af6 aRgk5{ . lduf]fsf] /f]ldf klg t/n kb]f}dfqf lgo]qt ugE5{ . nuftf/ t/n cxf/ dfq lnE k]f]f]sf] sdL xg ; S5 . To ; h] w]} dfqdf t/n kb]f}sf] ;

v8]Ln]vuf dw]

8f-ljhostdf/ l;* bgjf/ dxfl/L hljg s;/L wfGg] < dw]; kpzdf oxL kZg clxn]dVo lrGtf agsf]5 . dw]; kpzsf]df6f]leHg]dfq xfGg, kfgl g]aUg]u/L @)*@ ;fpg !& ut]kYof] o; eGbf klxn]o; kpzdf jiff{geP/ rffksn, Ogf/ ;'s] / vfg]kfglsf] ;d:of eof] cfsf;]kfglsf]e/df v]L ug] ls;fgxZn]wfg /f]g kfPgg\ hldgdf wfFf kmf6bf] /fkZsf] wfg klg ;Sg yfNof] h;s sf/Of dVo afnL wfg ptkfbgdf sdl xg]eof] ls;fgn]hljg s;/L wfGg]< of]clxn]dVo lrGtf agsf]5. kpz ;/sf/sf] l; kmf/;df ;3lo ;/sf/n]@)*@ ;fpg * df ;'rgf ksf]zt u/L dw]; kpznfO{.;Svf lf] 3f]foff uYof] To; sf]ef]nkN6 ;fpg (df ;DdfggLo k]vfgdGql s]kL cf]hla6 dw]; kpzsf] e]lOf eof]k]vfgdGql cf]hla6 xfnnfO{ %)) l8k 6baj]h uf8g]3f]foff ePsf]5. r/] r/]sf] prfO !()) ld6;/Dd 5. @)*@ >fjOf !& eGbf klxn]klg r/]df s]kL kfgl k/]sf]lyof] t/ ;f]jssf] h:t]t/fOdf af9L cfp]g]u/L kfgl k/]sf]lyPg. vfg]kfglsf] ;d:of cfpnf eGg]7hf]kl/ 5. r/] lf]jdf k']h]v klZrd;Dd kfoL clwstd 7fpFf wfg /f]kPsf]5. efa// vfg]kfglsf] dVo >f] ulx/f] Ogf/ xf] kfgl gk/] Ogf/df kfgl sd ePsf]5. kfgl gk/]Ogf/sf] kfgl ;Sg] lrGtf5. r/];Fh]8Psf]e]uf] ePsn]r/]af6 lg:s]sf]v]hfsf] kfgl NofP/ sltko :yfgxZ h:t]jalbf; nufot w]j]7fpFf ls;fgxZn]wfg /fkZsf 5g\ vfg]kfgl / l;Ff0sf nflu kfglsf]cefjsf]bafa eg]3/ kl/jf/ / ls;fgxZdf 5. @)*@ ;fpg !& b]v]sf]jiff] yk /fkfOxg]cfzf ul/Psf]5. t/fO{ @)*@ ;fpg !& eGbf cfuf]8 t/fOdf kfgl k/]sf]lyPg jf s]kL kmf6km6 dfq kfgl k/]sf]lyof] tft]sf]tfjdf Ps y]kf kfgl k/]h:t} rffksn vfg]kfglsf] dVo ;f] xf] rffksn xftn]lyRbf jf lahl nufO/ kfgl tfGbf kfgl cfp]g] jf t?t? kfgl dfq cfp]5. udl{ a9bf] 5. Psflt/ kfglsf] x]xfsf/ csf]t/ udl{ hgtf bf]k]f]df/df. kfgl k/] eg] jifl/ vfg]kfglsf]h]k]s;/L ug]aRrf, j]h, dlxn, la/fdl, ul/a kl/jf/xZ ;aGbf a9L df/df. l;Ff0sf]cj:yf] dw]; kpzdf l;Ff0sf ;fdfO l]lwZdf gbl, kf]v/L, shf]; txL 6baj]h / ulx/f]af]a]sf]k]k] ul/G5. t/, nfd] ;dob]v k/]sf] v8]Ln] ol l;Ff0 k]ffnLxZ k]k]sf/L xg ;s]sf 5g\ sdnf, afudtL, gf/fofL, sf]ZL klZr dL gx/nufotsf gx/xZaf6 l;Ff0 ku]sf]v]df wfg /fkf0FePsf] l;Ff0sf] ;ljwf ePsf] v]t df wfg /fkPsf lyP t/ ls;fgxZaR kfglsf] tfgtfg. clxn]dw]; kpzsf]t/fO{efusf] ;x/L / u]dlOf Onfsdf ax';Wos 3/w/L / hg;Wofn] rffksnsf] kfgl vfg]kfgl / l;Ff0sf nflu pko] ub]5g\ of]egsf]%) b]v @)) lkm6 ulx/fO;Ddsf] @)) lkm6;Dd PSjfk/]sf]kfgl pko] u/]sf] xf] clxn]sf] ;d:of egsf] jiff]sf] kfgl g k/] @)) lkm6;Dd PSjfk/]sf] kfgl kge{Of g ePsf] xf] o;df xfdn]lj rf/ ug]k]s'f s]5 eg]@)) lkm6;Dd PSjfk/]sf] kfgl kge{Of s;/L xG5 < o;sf ;f]xZ s]s]/ sx'F 5g < o;af/] uxg 5nk]n xgkb]5. hldgd]gsf] kfgl kge{Of ug]sfd gblxZ tyf l;Ff0 shf]Zaf6 aUg]kfgln] ub]5. t/, dw]; kpzdf afx]f; aUg]gbl afudtL dfq}xf] l;Sgkg]kf7 ll afaf tfn l;/fx lhNnfsf]s/hGxf gu/kflnsf] sdnf gblsf] k]l] lsgf/df a;f]aGblk/ ahf/sf]pt/k]s r/]sf];fdbflos jgdf /x]sf] Ps gdbg tfn xf] dVo Zkdf o; tfnn];Ff0 / hldgd]gsf] kfgl kof]t dfqdf kge{Of u/]sf]5 h;n] tfnsf]tNnf] e]jdf /x]sf]v]df df] nufP/ hldgd]gsf]kfgl tf]g] l;Ff0 ug{;ljwf ePsf]oxf]Ff d]p/ ef]h kf]v]h / :yfglo s[fxZn] jOf] u/] yfSb]. of] tfn aGgeGbf klxn] ls;fgxZn] kDk^;f nufP/ hldgd]gsf] kfgl l;Ff0 ubf{s]kL ;dodf g] kfgl ;Sg] ub{of] clxn] lbgel/ /ftel/ df] nufP/ hldgd]gsf] kfgl tfGbf klg ;Sb]. of] hldgd]gsf] kfgl afaf tfnn]kge{Of u/]sf]Ps gdbg xf] o;sf] l;sfO u/] r/]sf] cGo lf]jdf ;fgf 7hf tfnxZ agfpgkb]5. zDegfy gu/kflnsf; ;kt/Ldf hldgd]gsf] kfgl kge{Ofsf] gd'gf sfo{ zDegfy gu/kflnsf]@ df cjl:yt vf8f]v]hfsf]dflyNnf] lf]sf] gdbg;AfOf sfo{x]s];sG5. /fiGkt r/]t/fO{dw]; ;AfOf ljsf; ;ldlt, nxfg e";AfOf sfof]ho / :yfglo k]f]v/ sfof]hosf] cflyS tyf k]ljlws ;xof]jdf r/]sf] sfvdf ;f]h]gs hldgdf !& j6f ;AfOf kf]v/LxZ / lghL * u/L @% j6f kf]v/L lgdf ul/Psf]5. hxfFklxn]sf] ;dodf ;Svf ofddf kfglsf] cefj xG]of] clxn] eg] jifl/ ;a} 3/kl/jf/sf nflu kZ:t lkpg] kfgl / l;Ff0sf nflu hldgd]gsf] kfgl pknAw ePsf]5. ol ;AfOf kf]v/LxZn] e"uelh hn ;f] kge{Of ul//x]sf]o; j8f]olf bluf]Gb eutn] eGgePcg';f/ dw]; kpznfO{;Svf lf] 3f]foff ul/Psf]5 t/ o; j8f g= @ sf ls;fgxZn]k]hlyg kfOk / l]BtLo df]df]k] euelh kfgl lgsfn] l;Ff0 u/] ;a} kfglsf] e/df xg] u/]sf] pgLxZn]cgej 5. bf^ lhNnfsf] 3f]f]xl p k dxfg u/ kflnsf- kf]v/LxZsf] nx/ ll bf^ lhNnfsf] 3f]f]xl p k dxfg u/kflnsfn] kl5Nnf ;ft jif]df kfglsf] cefj ;dfwg ug]/ xl/ofnL tyf koGg k]wG ug] p2]on] tfn;lx t d]p/ gZnfn r]v/Lsf] g]t]jdf \$# s[gd hnfzoxZ lgdf] u/]sf]5. ljutdf cfsf;]kfglsf]e/df v]tL ug] ls;fgxZ ol hnfzoxZn] l;w} s[if, df5fkng / koGgdf ;xof] k]ofPsn]w]j]:yfgloj;LxZn] hl]sf]k]h]gsf]df]lod kfPsf 5g\ r/] lf]jdf :yfgLo ;sf/sf]kfgl ;AfOf, hn]fo' cgShg / Gog]s/Ofsf gdbg / pbfx/OfLo sfof]o{;nfd/ l kge{Of kf]v/LxZ ll wgff lhNnfsf]9Ns] / kfglsf]cefj lf]sf] Zkdf df]gG5. ulx/f] Ogf/ vg] Ogf/leq ;d/;f df] /fv] kfgl tf]g] vfg]kfgl / l;Ff0 ug]oxf]Ff afl;Gbsf] b]gsl hljg xf]ljutdf o:tf] ulx/f]Ogf/ klg ;Svf dlxgdf ;Sg]ub{of]xfn wgff lhNnfsf] ldlynf gu/kflnsf-& 9Ns] /sf] cf]xl gblsf] lsgf/df ayfg u]j] ^ a6f / s]nLk/ ;fdbflos jgdf (j6f kge{Of kf]v/LxZ vg]sf 5g\@ j6f kf]v/L t k]g]yof] ayfg u]sf] ^ a6f gofFg} vlgPsf ol kge{Of kf]v/LxZn] 9Ns] / o;sf]tNnf-bl]fOfL efu_ lf]jdf Ogf/xZsf] kfgl kge{Of ug{;xof]ul ePsf]5. ;Svf dlxgdf Ogf/df kfgl c8g] ePsf] dw]; kpz ;fdbflos jgsf c]lof tyf 9Ns] / :yfgLo lgjf;L ;f]k];fb zdf{/ :yfgLo ;dbfoxZsf]cgej /x]sf]5. alb;sf]j8f g= # df /x]sf sfnfkfgldf s:s] kf]v/LxZ afsl kh % df	
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सडक दुर्घटनाबाट बचाऔं र बचाऔं

- जेब्रा क्रसिङबाट मात्र सडक पार गरौं,
- सडक पेटीबाट हिडौं,
- रातीको समयमा यात्रा गर्दा प्रकाश परावर्तन हुने कपडा लगाऔं,
- चलिरहेको सवारी साधनबाट ओर्लिने वा चढ्ने कार्य नगरौं-नगराऔं,
- सवारी साधनमा भएका सिट बेल्ट प्रयोग गरौं,
- भीडभाड भएका सवारी साधनमा यात्रा नगरौं-नगराऔं,
- सडकमा जथाभावी नहिडौं-नहिडाऔं,
- पशु चौपायाहरूलाई सडकमा नछाडौं,

lkk/f ufpkflnsf
lkk/f, dxfl/L

सडक दुर्घटनाबाट बचाऔं र बचाऔं

- जेब्रा क्रसिङबाट मात्र सडक पार गरौं,
- सडक पेटीबाट हिडौं,
- रातीको समयमा यात्रा गर्दा प्रकाश परावर्तन हुने कपडा लगाऔं,
- चलिरहेको सवारी साधनबाट ओर्लिने वा चढ्ने कार्य नगरौं-नगराऔं,
- सवारी साधनमा भएका सिट बेल्ट प्रयोग गरौं,
- भीडभाड भएका सवारी साधनमा यात्रा नगरौं-नगराऔं,
- सडकमा जथाभावी नहिडौं-नहिडाऔं,
- पशु चौपायाहरूलाई सडकमा नछाडौं,

euxf gu/kflnsf
euxf, dxfl/L

;fdflhs ;~hfn / gkfnl /fhgllt

lszf] gkfn

s]kl lbg klxn] /fhgllts sfo\$tf{h:t}b]vg] Ps hgf dlxfn s]Ps ;fdflhs ;~hfnf sl8sP/ af]b]ly0g\ . pgsf] :ki6 cfzo lyof] clxn]sf .e]6\ g]fxznf0{ zf;gaf6 x6fP/ b]zdf ;zf;g\ Nofpg cfudl rgjdf ;+f/sf ljleGg b]xzdj j]z /fhuf/Ldf nfu]sf gkfnln] dtbfg ug{ kfpg] Joj:yf ul/gk5{ . To;kl5 el6xZ kfvf nflu5g\ / b]z pggltsf]af6f] nflu5/ . ;fdflhs ;~hfn clxn]sf] ljZj-Joj:yfsf] cleGg c\ alg; s]sf]5 .

gkfnl ;dfhsf nflu klg ;fdflhs ;~hfn gof\$yf xfdg . gkfnl ;dfhsf nflu cfjZos 5 ;fdflhs ;~hfn . ;fdfGo hgttsf kl8f / ;s]yf, v;L / xff]h0{ lagfsg]x:tlfk k]tt ug] ynf]sf zkdf o;sf]klxrfg alg; s]sf]5 . ;3lo u0ftGqsf zkdf gkfnlsf] zkft/Of e0; s]kl5 gkfnl ;dfhdf ;fdflhs ;~hfn]sf cfsif] xnSs a9]sf]5 .

gofFzf;g ljwfgsf] cgzf;gleq ;/sf/ afwfg ;s]sf]5 .

/fhgllts g]j]nf0{ k]f]jt ug{k]g] ;DkfbSlo ljrf/xZ k]f]jxlg xg ynf]sf 5g\

kqsf]/tf]nf]h]g s]f jlh\ u/]sf]5 Toj] ;fdflhs ;~hfnf 5bfnAofn xg] u/]fn]o;sf]cfsif] a9]sf] x] eGg lxr]srfg' kb] . lgZro klg, of] ;dfhsf nflu /fd] ;\$] xfdg . of] s]/f t dfGg} kb]5, d'hwf/sf kqklqsfsf ;DkfbS-k]fzs / >dh]l ;~rf/sdl{xZn] kl/jlt k]l/l:yltdf ;'rgf / ;dfrf/alrsf] kftnf] . nldof/yf sf] ;s]sf 5gg\ . g t, kqsf]/tf;F ;Da4 ;yfxzn]t6:ytfsf] ;4ft ckgfpg] ;fx; g]ug{ ;s]sf 5g\

/fhgllts bnxZsf] g]j]jn]o;af/]rf;f]g/fv]sf 5gg\ . ljrf/sf] k]tlt / ;d;fdlos ljZn]f0df gofkg cfpg ;s]sf]5 . of]s/fnf0{ ;lsf/ ug]kb]5- u0ftGqsf] cfudgkl5

kqsf]/tf /fhgllt / /fhglltsdl{xZsf] h~hfnf c]Nrg yfn]sf]5 . t/, o;sf]dh sf/Of kqsf/ / kqsf]/tfsf] Joj ;fodf nfu]sf JolQmxZ xfdgg\ . gkfn ;3lo u0ftGqsf]oludf kljZ ul/ ;s] klg gkfnl kqsf]/tfsf] ;yfut ljsf ;'rf? xg ;s]sf]5 . ;~rf/ lf]hnf0{ .shfpg] dfg] ;stfaf6 ;/sf/ / k]tklfd /x]f b]jy/L bnxZ dQm xg ;s]sf 5gg\ . /fhgllts g]j] xfdl hgtfn] rg] k7fPsf JolQm x] eGg cxs]/n]u]fPsf]5 . p;nf0{ hgd] ;w] ;dfg /x]f, of] kl/jtGzln xG5 eGg]yxf 5 . of]g]clxn]sf] ;d:of x]f . of] ;To x]f ls, gkfnlsf] u0ftlGqs ;h]wfg]cleJolQm :jtgqtnf0{k]ofet u/]sf]5 . b]zdf kqsf]/tf] Joj ;flos cfj/Of klg kfPsf] 5/ . t/, ;/sf/n] ;h]wfgs cfr/Of kngf ug] jftfj/Of agfpg ;s]sf]5 . ;/sf/ / ;Da4 lgsfoxZn] hgttsf]clwsf/ k]ofet ug] sfdd l ;Gsf]efF]sf 5gg\ . ;/sf/sf ;~rfns / k]tklf b]jy/L bnsf g]fxzn] g] ;h]wfgsf] kngf gu/]sf] c]j:ydf ;fdfGo hgtf / ;~rf/sdl]s]ug{ ;S5g\ ;3lo u0ftGqsf] :yfkgl5 klg kl / ljklfsf gddf dlRrPsf] lgs[6 lsl ;dsf] slr\ :jefljs gxgkg]xf] . ;Gg / ;g]pgsf nflu clxn]sf k]v /fhgllts bnsf 3f]f0fkqdf n]vPsf cfbz[jfsoxZ ;hnt 5g\ . t/, tl b]v]pg]b]fEdf ag]sf 5g\ . s]kl ;docl3 Pp6f c]f]us 3/fgsf ;b:odfly ;/sf/L hUuf lxxgldgf u/]sf] d2f nfluof] . w]h] ;f] d2fxZ .plxNo} nfluGkg] / km] ;nf xgkg] klj[Qsf 5g\ . tl d2fxZ odf] ;dokl5 lsg nfluof]t < clxn]d2f nufpg] / Toltah]sf]ck/fwsf nflu d2f v]g] b]jy/L ;/sf/L ;'rgfsf] Pp6} w/ftndf plePsf 5g\ dfgjlo ;+f/nf0{ .6ba / 6gh\ kqsf]/tfsf] :jfb rvfpg] tGg]lxZ wGo 5g\ xfn ;fn} 6b'adf x]f ls l6s6sdf gkfn ;/sf/sf Ps hgf ;lrj ;/sf/n] j]z /fhuf/Ldf hfgkZsf] ;j]f ;ljw a9fpg nfu]sf]atfp

lyP . ;Gg]crDd nflu]sf]s]/ pgn] k]tlglw]j ug] gkfn ;/sf/n] j]z /fhuf/Ldf uP/ stf/sf]sg]uf]df jf x]fndf sfd ul//x]sf gkfnlsf] tna a9fpg sg dflns ;F s]/f ug]x]f ljZjdf Psf]t/ ;DklQsf]y]k] nflu] 5 eg]csf]t/ ul/alsf]a9b]f e]hn] ;+f/ lg;fl;F] 5 . o:t]f]s ;n]s ;sf]/lff ug{ ;S5< gkfnl hgtfn]b]zsf]cflyf ;fdflhs / /fhgllts Joj:ydf kf/bzL{ cfr/Of :yflkt ug{cfqf]ds kl/jtG u/] vf ; u/] @)^@ sf] kl/jtGn] s]kl dfg ;sf cgxf/df kl/jtG NofP klg k]f ;lgs ;Gqdf hgtfn] rfx]h:tf] kl/jtG /lQe/ Nofpg ;s] . /fhfsf] zf ;gsfndf x]f \j]f hgtfn] cfGbf]g u/] k]g] :yflkt u/]sf] ;+blo zf ;g cyj]f To ;kl5 ePsf] ;Gq hgcfb]fhgn] :yfkf u/]sf] u0ftlGqs zf ;g Joj:ydf x]f \ol b]j} sfnv08df ;Qf/f]x]f u/]sf zf ;sn] ltg]sf] lgw/df zlQmsf] ;Gv' nuf0lbPsf 5g\ hf] lgn]h]tfk]f ;h]wfg / sf]gsf d]f]fxZsf]pNn3g ug{ ;S5g\ clxn] ToxL e0/x]sf]5 . g xfd]Goflos ;j]df ;Gthg 5 g xfd] cflyf glt k]f]jsf/L 5 . clxn] kqsf]/tfsf] P]hdf ljs[t]sf]vhgf k]tlalDat ePsf] 5 eg] To ;nf0{ c:jefljs eGg ldn] . b]f]o clxn]t ;/sf/df /x]f k]tlglwxZ g]kqsf]/tfsf]P]h wldn u/fpg sDd/ s ;] nfu]sf b]vG5g\ . oltah]f xfd]f b]z ;fdflhs ;~hfnf rh]d 8'a]sf] efg xG5 . b]zdf a]fhuf/L a9kl5 sfd gkP/ 56k6fPsf tGg]L hdt j]z /fhuf/Lsf] vf]hLdf nflu'cgf]xf]d . u0ftGqkl5 o]f hgzlQmsf]dNof]sg xg] cfzf /flvPsf] lyof] t/, kl/Ofd j]z /fhuf/Ldf hfg]sf]el8 a9b]f . oltah]f Toj] el8nf0{ 6f7faf7f g]fxzn] .lgb]zt\ ub]5g\ @)\$^ ;fnsf]cfGbf]hgsf] ;kmntfk]5 klg o:t}ePsf] lyof] . hgtfn]ljho k]t u/k]5 ;a]h]b]zdf gof]xfg] kf/De ePsf] ;f]sf lyP . t/, Toj] ;f]f0 Ps bzs klg l6Sg

;s] . Toj] ;dosf]/fhglltsf ;~rfnsxZ g] clxn] /fhO zlQmsf] ;~rfnsf zkdf /x]sf 5g\ . khftGg k]g] :yfkf nflu ePsf] /fli6\ hgcfb]fhgdf ;lqmo efu lng] o]fxZsf]cfzsf ljkl/Lt b]zsf]sg]klg lf]hdf lgdf]f / lj sf ;k]tsf] hfufstf b]vPg . zf ;g k]f]g 9/f]f] rn]sf] 5 . sln^ kl/o8\ sf] ;do ;ldf t]f]g] s]/df ;/sf/ / k]f ;gsf alr aG\ ;? ePsf]5 . k~rfot 9n] ax'bnLo Joj:yfsf] :yfkf x]f /fhf v;L lyP . lsgeg] zf ;gdf pgsf ef0-ef/bf/ ;sn kl/jf/ ;cf ;k] ;Jofk/L / rfs/Lbf/xZsf]j]r]j oyf]t lyof]g]fxZdf ;kgsf]cefj lyPg . cefj lyof] OR5fzlQmsf] g]tsf tl ;kgf ljZj a] / cf0PdPknn]k]f ug] s]/f lyPg . cGt/f]6\ ;yfxZ ;xof] / ;d]josf p2]on]df gkfnf cfPsf lyPgpgsf cf'g]clek]o / cfuxZ lyP . ljZj dfglrqaf6 cnu e" efu xfdg, gkfn . t/, o:t]f cef ; xg ynf]sf]5- gkfnln] /fhgllt jf cyZf:qsf ljifodf ljZjJofkl dfGotf / lgods]kngf ug{k]b] . /fhf jL] >sf] zf ;gsf ahf g] gkfn /ldt]b]z] sf]x] ;otdf klu ;s]sf] lyof] . k] / ;df cfof]ht cltsd ljsl ;t /fi6xZsf] ;Ddhgdf xfd] /fhfnf0{ljZjsf g]fxzn] .bl/> gf/fo0\ agf0lbPsf lyP . bl/> b]xZsf g]tsf zkdf gkfnlsf] rognf0{Toltv]sf ;/sf/L / slyt u] ;/sf/L ;~rf/df]widxZn] uf]j]sf] ljifo agfPsf lyP . Toj]c] ; uf]j]sf] pRr laGb' lyof] ls xlgtsf]k/fsi7f< clxn] ;Dd sg] klg lj]gn] of] k]zgsf] hjfk\ lbPsf 5gg\ xfd] x/] glt / lgodxZ ljnlf0sf 5g\ rfx] /fhgllt x]f ;cyj] Jofk/, pB]f] cyj] v]L, tl Pp6} hfndf plgPsf 5g\ . oxf]f] Gofok4lt, ;flxTo, snfsf]/tf / kqsf]/tfsf] cf'g]cgf]f] glt / lgod 5 . k] ;n]sf] uf8L r9]alQs] ;8s s/ p7fpg] sd]f/Ln] ;8sdf t]of]sf] tuf/f] vf]h lbg]k] kl/kf6L clxn]klg 5 .

xfdf] ;dfhsf]kqsf]/tfd of] klj[Q ;a]Gbf a9L xfal ePsf] 5 . kqsf]/tfsf nflu of] 3fts klj[Q x]f t/, of] kqsf]/tf;F ;m]g :yfol klj[Q kSs} x]f]g . o ;nf0{ ;f]f / ul/a dh'sxZdf b]vg] :jefljs klj[Q eg] kG5fpg]ul/Psf]5 . ;+f/df km] aS, l6s6s, 6ba, PS ; -6]l6/ / cGo cg] b]zL-ljb]zL ;fdflhs ;~hfnf ;s] ;Dd s/fP/ hgttsf] wofgslif\ ug] kqsf]/tf] nf]skp e0/x]sf] 5 . clxn] gkfnl kqsf]/tfd klg ;fglfg kf]f]geGbf w] g]a9L ljs] / 3fts klj[Q b]vg ynf]sf]5 . e]6frr/df 8a]sf sd]f/L, e"dfklmof, Jofj ;flos ckrngdf Jo:t JolQmxZ / sld ;g Ph]6xZn] kqsf]/tfnf0{lgog0df lng vf]h/x]sf 5g\ gkfnl hgtf lemNs] cgxf/ x]f] cfslif\ xG5g\ . lemNs] cgxf/leq n]sf b/fzoxZnf0{ x]f] lfdtsf] cefj 5 hgtfd . sg]klg b]zdf l6s6s aGg' o'-6ba ;lqmo xg ;km] ;a]sd km] ;rldsg' jf . km] ;n] xg' k]ljws ljsf ; ;F hf]8Psf ;fdfGo ljifo xg\ t/, xfdlsxf] o ;h]f0c ;fdfGo agf0Psf]5/ . b]zdf kqsf]/tf k9fpg] ;k] ;df nfu]sf u?j/xZ kf/Dkl/s kf7bqms]rGtdf cndlnPsf 5g\ s]k9fpg] < .ldl8od Oh lb d] ;h] ls d] ;h y]lb ldl8od< gkfn ;fg]5 . t/, gkfnf ;fdflhs ;~hfn / kqsf]/tfalrsf]e] 56bpg ;lsg] c]j:yf 5 . :yflkt elgg] ;~rf/df]widxZ ;d] cfknhf0{ ;fdflhs ;~hfn] txd] ptf]g[tTk/ b]vG5g\ . gkfn cfh]g g]Ps dfq p2]o /x]sf] .ldl8of ;+f/ df cfpg]nf 5 . of]bnbnaf6 gkfnl kqsf]/tfnf0{t]sf] dQm ug{ ;Dej b]v] . wglnf0{vt/gfs /f] nflu of] eg] ;/sf/ g]pkrf/sf nflu tld ;G5 . t/, tGgd ul/asf] t dg]fx] csf] ljsNk b]v] . hfGg]a%g] k9] n]sf] dfg ;xZ ;fdflhs ;~hfnf b]vPsf] .lj>kl c]j:yfnf0{j]z /fhuf/L ;F hf] pldsg rfxG5g\gkfnf j]z /fhuf/Ldf uPsfxZ cf'g b]v] ;f]xZ ;fdflhs

;~hfnf kf]5g\afa'-afh] a]hofs k]fdf n8] sdfPsf]wg- ;DklQsf] ;kgf b]v] /dfp5g\ n8s' xg' t cf'g] k]f / klj[Q x]f eGg] em]f] cxs]/ af]sf] k]f ;sdfpg]sf nflu hxfFn8] dl ;G/Lsf] vf]hL xG5 ToxL+ k]b5g\ cf'g dgdf ulD ;Psf kl/ / JoyfxZ ;fdflhs ;~hfnfkm] cleJolQm ub]5g\ . pg]h]f0{ cf/fk nuf0G5 .logn] ;fdflhs ;~hfn]sf k]f] u/] ;dfh ef]sf 5g\ . ;+f/sf ;a} b]xZdf /fhgllt1 / kqsf/alrsf] 3lgi7 ;DaGw g]f]x]f] o:t]f ;DaGwn] ;dfrf/sf]Ps/ ;tf x6fP/ To ;nf0{hljGt agfpg 7hf] e]dsf v]g] ub]5 . gkfnf klg /fhgllt1 / kqsf/alrsf] ;DaGw ;w]k]f9 /xg] u/]sf] 5 . gkfn u0ftlGqs /fi6d zkft/t e0 ;s]kl5sf] ;dodf of] ;DaGw a9L g]uf9f ePsf]5 . kqsf]/tf ug]kZsf nflu :yfglo txsf j8f sfof]hob]v ;3lo txsf dGqino ;Dd j[Q]jsf ;sf] af6] v]h]sf] 5 . hftt} kqsf/xZ hgk]tlglwsf] ;Nnfxsf/ ag] hflu/df nfu]sf 5g\ . kqsf/sf] zk- / km] /g ynf]sf]5 . :jef]h] /f]f-rstf ?rfpg]b]z/sf 6f7faf7f kqsf/xZ l ;4ft / /fhgllts d]f]sf s]/f ug] /fhgllt1xZsf] cfbz]f6 xfdg, /fhgllts bnsf nflu cflyf ;f] h6fpg ;Sg] afx'anlxZsf] e]t[k]sf] c]fn]sf]udl]f a9L /dfpg ynf]sf 5g\ sg afx'anl g]tsf]kl5 nflu slt km]obf lng ;lsG5 eGg]lrGtn] kqsf]/tfsf]s/a 5]b] ynf]sf] 5 .cflyf lx ;fan] b]z qf]xdfs]c]j:ydf /x]sf]5 . sdfpg] xft / vf]g] dv]sf alr ;Gint ;DaGw 5 . xfdl gkfnl cndlnPsf 5f]s ;n] cNdNofPsf] 5 xfdlnf0{< ;fdflhs ;~hfnfkm] hgtf oxL hjfk\ vf]h]5g\ lszf] gkfn j]l/i7 kqsf/ xg\ . pgl ;flxosf cnj /fhgllt / ;dfhsf lj]jw cfodaf/]n]5g\ . pgsf] .d]f] ;do\, .ldl8of]l ;4ft, ;q / k]f]f] ,g]kfn]sf lglw\ h:tf k]ts k]f]zt 5g\ .

aRrfx;n]lk;fa /f]g gl:s

cf}bfgd}ug{sf/Of / ;dfwfg

t:s/;F!* xhf/ df]g];0

sf/jfxLdf

sf7df8f}- aRrfx?n] /ftl grfx] lk;fa k]b] ;d:of -gSr/gn PGo/] ; _of]pglx?df b]lg] ;a}b} k]v ;d:ofx? d]o]Ps x]f. k]F aif{dflysf aRrfx?n] /ftl cf}bfgd /lbpF]nuf lehfp]u/L x{tfd sd ;}d b0{k6s lk;fa ub5g\ eg]o;nf0{grfx] lk;fa ug] ;d:of -gSr/gn PGo/] ; _ePs]df]g5 . aRrfx?df b]vg] of] ;d:ofn] Psftk{k]l/jf/ / cfkGtnf0{gsf/f]ds k}fj kfg}f ;fy} afnaflnsf]cf]fd laZj;nf0{ ;d] sd u/fpg] / nhfp] h:tf dg]f]lgs c; /x? klg kg{;S5 . cs}k] ;dfhdf o;sf af/f] 1fg geP/ afnaflnsfx?sf] dg]a1fg ;F;dalGwt laleG ;d:ofx? pTkGg xg;S5 . aRrfx?nf0{t ;f}pg] wDSofpg] tyf b08lbg] h:tf sp]snfkx?n]cf]h]jg gla;g] lsl;ds]c; / kg{S5 . k]F aif{dflysf aRrfx?df !% b]L @% k]tzt df of] ;d:of b]vPsf] 5 . afnlsfx?sf] thgdf afnsx?df of] ;d:of b0G0ff a9L 5 . o;sf sf/Ofx?} h]g]6S; -a}f0fut_ grfx] cf}bfgd /ftl lk;fa k]b] sf/Of d]o]a}f0fut sf/Of kyd :yfgdf cf}b5 . cdf afas] afNo cj:ydf of] ;d:of lyof eg]aRrfx?df of] ;d:of xg] ;efjgf %) b]L && k]tzt lg]Zr t xG5 . ;f0s]h]hnsn -dg]f]lgs_ z]f}fno lz]ff -lb;f lk;fj ug] cfbt af/] afnaflnsfnf0{ lz]lft ug]_ ;doebf klxn] z? ug] o;af/]s8f lgodx? nufpg' , 3/df gofFaRrfs]

w]};do l6le tyf sD{o6/df a;] v]g lbg'xG . lk;fa ubf{ aRrfx?sf]uf]fn]e}df 5f]Ps] xgk5{. /flt lk;fa k]b]h}f ;lhnf]agf0lbgf nflu aQ r]kkt nufotsf Aoj:yf ul/lbgk5{. 3/df k]l/jf]s snx aRrfs] cuf8L gug]7hf]:j/df a]lg' xG . lk;fa k]b]sf/Of aRrfnf0{b}f nufpg' xG . aRrfnf0{;hfo lbg'xG . o;f] ubf{p;sf] ;d:of yk lau] hfg ;Sb5 . l6les]ef]od sd ug{k}b5 . aRrfnf0{pd] . cg';f/]lkn]d xG]lbg'kb5 . aRrf 3/df x} x//dle tyf af/ dle xG}xG . /flt lk;fa u/f] kfgl k/]sf] k]b]j]f l:6s/ leQfd 6f]lbg] / lk;fa gk]d] 3df0nf]lbg jf :df0ln^ k]b]sf] l:6s/ x/]lbg 6f]lbgk5{. lk;fa k]b]sf] cf}bfgnf0{; / ;k]f0 ug{ aRrfnf0{ klg ;xeflu u/fpbf p;nf0{/fd] cgelt xG5 . cnfd{pkrf// lk;fa k]b]e}bf klxn] cnfd{ahfp]l]alwaf6 klg pkrf/ ug{;lsG5 . lk;fanf0{lgogQdf ug]laleG cEof;x?af6 klg pkrf/ u/fpg ;lsG5 . lo lalwx? ckgfPdf o; /f]ust] lbgf xg] ;efjgf &) k]tzt e}bf a9L /x}sf] 5 . olb lo lalwx? ckgfp} klg ;dfwfg ePgeg]d]Bsn pkrf/sfnflu afn/f] laz]f1 ;F;Nnf xg] xG5 . aRrfn]grfx] klg /flt lk;fa k]b]sb}b}f xG of] ;fwf/Of ;d:of x]fh;nf0{aRrf kl/jf/ ;dfh / k/]f 8fS6/ ;d] ldn] ;dfwfg ug{;lsG5 . -afn/f] laz]f1 8f- ;fx 6sl{ ;Fsf]s/fsgl cfwfl/t_

nf}Lsf] a/xyj f gu/kflnsf:yt Onsf k]/L sfofno lx/fk'/sf OGrfh{Pj+ k]/L gfoa lg/Llfs -;0_ a}gfy bf;nf0{ lgnDag ul/Psf] 5 . t:s/L;F df]hdfnf0 u/]sf] 6]nk]f] s/fsgl ;fj]lgs ePk]5 cf7 dlxgfb]v lx/fk'/ k]/L sfofnosf]OGrfh}sf?kdf ;nf}Lsf] a/xyj f gu/kflnsf:yt Onsf k]/L sfofno lx/fk'/sf OGrfh{Pj+ k]/L gfoa lg/Llfs -;0_ a}gfy bf;nf0{ lgnDag ul/Psf] 5 . t:s/L;F df]hdfnf0 u/]sf] 6]nk]f] s/fsgl ;fj]lgs ePk]5 cf7 dlxgfb]v lx/fk'/ k]/L sfofnosf]OGrfh}sf?kdf

sfo{t ;0 bf;nf0{ lhDd]f/LdQm ul/Psf] x]f . df]hdfnf0sf]cl8of]af]xl/Pk]5 bf;nf0{Onsf k]/L sfofno a/xyjdf lem]sf0Psf] 5 . bf; lgnDagdf k/]f]x/fk'/df gofFk]/L gfoa lg/Llfs k7fpg] tof/L ul/Psf] ;nf}L k]/Lsf ;'gf clwsf/L Pj+k]/L gfoa pk/Llfs -l8P; k]_ /f]h /f0f] hfgsf/L lbP . l8P; k] /f0f} ul//x}sf 5g\ dw]; k}b}df /x}sf !& a6f ;fem]f/L jgdf kf]/Lsf] cleofg ;? ug{k]g] dw]; k}b}df wglff, dx]f]/L ;nf}L /f]x6, af/f / k;f]u/] !& j6f ;fem]f/L jgxZ vf; u/L efa/ l]h]df /x}sf 5g\ ;fdbflos jg h:t};fem]f/L jgxZdf klg kf]/L vGg] cleofg rnfpgkb5. o;af6 t/f0f}f] hldgd]gsf] kfgl kge{Of ug{dbt k]g]5. ;fu/gfysf] jgdf kf]/Lsf] cleofg ;fu/gfysf] jg klg efa/ l]h]df kg]ePsfn]o; jgleq klg kf]/L vGg]cleofg rnfpgkb5. ulx/f] / ;txL 6baj]hsf] hldgd]gsf]PSjfk]/sf]c]loog / cg';Gwfg u/] gS;f}g ug{ h?/l clxn].Dd xfdl t/f0f}f k]/f]f] cge]L ;txL 6baj]h uf8g]ub5f]t/; o;af/]uxg c]loog / cg';Gwfg ePsf] b]vG. g]kfn ;/sf/n]ug]of] Ps clt h?/L sfo{b]vG5. s;sf]s]eldsf<ll gl]tut Zkdf /fi6k]t r/]t/f0{dw]; ;f]f0f ;ldlt, jg tyf jftfj/Of dGqno, dw]; k}b} jg tyf jftfj/Of dGqno, dw]; k}b} gl]t cfof] / dVodGq]Lsf] sfofnosf] cul]fdl eldsf /x}sf]5. kf]l]lws Zkdf jg tyf hnfwf/ l]efu, bft[;f}af6 ;~rf]nt hn]fo' cgshg, l;Ff0, jg tyf jftfj/Of cfof]hgxZ dx]j k0f]b]vG5. :ynut Zkdf sfof]jg txdf :yfglo ;/sf/ / j8fxZ, lhNnf r/]sf ;fdbflos jgdf kf]/Lsf]cleofg ;? ug{k]g] dw]; k}b}df %%% j6f ;fdbflos jgxZ r/]f]f] / efa/ l]h]df /x}sf 5g\ x/]sf ;fdbflos jgdf;Dej eP;Dd Pp6f kf]/L agfpg]cleofg ;~rfng ug{k}b5. g]k]nsf w] dw]; k}b}sf dVo gblxZ h:t}

cg';f/ t:s/ / ;0 bf;lar ePsf] 6]nk]f] cl8of]sf] ;DjGwdf yk cg';Gwfg e0/x}sf] 5 . ;fj]lgs cl8of]f ;0 ofbjn] Ps hgf t:s/;F t:s/L sfof]f ;3fpgsf nflu !* xhf/ ?kofFdu u/]sf]lgG5 . ;0 bf; o;cl3 k;f]hNnfdf sfo{t /x}f klg o;u/L lgnDagdf k/]sf lyP . ul//x}sf 5g\ dw]; k}b}df /x}sf !& a6f ;fem]f/L jgdf kf]/Lsf] cleofg ;? ug{k]g] dw]; k}b}df wglff, dx]f]/L ;nf}L /f]x6, af/f / k;f]u/] !& j6f ;fem]f/L jgxZ vf; u/L efa/ l]h]df /x}sf 5g\ ;fdbflos jg h:t};fem]f/L jgxZdf klg kf]/L vGg] cleofg rnfpgkb5. o;af6 t/f0f}f] hldgd]gsf] kfgl kge{Of ug{dbt k]g]5. ;fu/gfysf] jgdf kf]/Lsf] cleofg ;fu/gfysf] jg klg efa/ l]h]df kg]ePsfn]o; jgleq klg kf]/L vGg]cleofg rnfpgkb5. ulx/f] / ;txL 6baj]hsf] hldgd]gsf]PSjfk]/sf]c]loog / cg';Gwfg u/] gS;f}g ug{ h?/l clxn].Dd xfdl t/f0f}f k]/f]f] cge]L ;txL 6baj]h uf8g]ub5f]t/; o;af/]uxg c]loog / cg';Gwfg ePsf] b]vG. g]kfn ;/sf/n]ug]of] Ps clt h?/L sfo{b]vG5. s;sf]s]eldsf<ll gl]tut Zkdf /fi6k]t r/]t/f0{dw]; ;f]f0f ;ldlt, jg tyf jftfj/Of dGqno, dw]; k}b} jg tyf jftfj/Of dGqno, dw]; k}b} gl]t cfof] / dVodGq]Lsf] sfofnosf] cul]fdl eldsf /x}sf]5. kf]l]lws Zkdf jg tyf hnfwf/ l]efu, bft[;f}af6 ;~rf]nt hn]fo' cgshg, l;Ff0, jg tyf jftfj/Of cfof]hgxZ dx]j k0f]b]vG5. :ynut Zkdf sfof]jg txdf :yfglo ;/sf/ / j8fxZ, lhNnf r/]sf ;fdbflos jgdf kf]/Lsf]cleofg ;? ug{k]g] dw]; k}b}df %%% j6f ;fdbflos jgxZ r/]f]f] / efa/ l]h]df /x}sf 5g\ x/]sf ;fdbflos jgdf;Dej eP;Dd Pp6f kf]/L agfpg]cleofg ;~rfng ug{k}b5. g]k]nsf w] dw]; k}b}sf dVo gblxZ h:t}

सडक दुर्घटनाबाट बचाऔँ र बचाऔँ

- जेन्ना क्रसिडबाट मात्र सडक पार गरौँ,
- सडक पेटीबाट हिडौँ,
- रातीको समयमा यात्रा गर्दा प्रकाश परावर्तन हुने कपडा लगाऔँ,
- चलिरहेको सवारी साधनबाट ओर्लिने वा चढ्ने कार्य नगरौँ-नगराऔँ,
- सवारी साधनमा भएका सिट बेल्ट प्रयोग गरौँ,
- भीडभाड भएका सवारी साधनमा यात्रा नगरौँ-नगराऔँ,
- सडकमा जथाभावी नहिडौँ-नहिडाऔँ,
- पशु चौपायाहरुलाई सडकमा नछाडौँ,

;D;L ufplnsf

;D;L, dx]f]/L

PALIKA KHOJ WEEKLY NEWSPAPER, MAHOTTARI

dwẏdf c ; f/ ; ls𑖦 wfg /f𑖦f0F#^ kltzt dfq}

kflnsf vfh
• |dx𑖦/L

dwẏ k𑖦ẏdf c ; f/ ; ls𑖦;Dd
wfg /f𑖦f0F#^ kltzt dfq}
;lsPsf]5 . cl3Nnf]jif{c ; f/
;ls𑖦 ^! kltzt /f𑖦f0FēPsf]
dwẏdf of] jif{ hDdf #^
kltzt dfq}ePsf]xf].
ce𑖦 ljutsf jifẏdf t o ;
a𑖦;Dd &% kltzt /f𑖦f0F
e0 ;SYof] . l ;Ff0sf] ;ljwf
ePsf]v]df /f𑖦f0FēP klg
cfsfz𑖦gl df e/ kg𑖦g]v]df
/f𑖦f0FēPsf]5𑖦 .

uPsf] ;f𑖦j f/ /fltb]v ;lq𑖦
ePsf] k𑖦ffnl n] k]l{ t/f0𑖦f
kof{t jiff{xg}cfzf ul/Psf]
eP klg dwẏ k𑖦ẏdf ;fdf𑖦o
jiff𑖦f q}eof]. af/f ; k ;f𑖦f
l56k6afx𑖦 jiff{ePg .
ca s𑖦l lbg dwẏdf
jiff{xg} ;Defjgf sd /x𑖦f]
df ;dlijb\ pHhj n p𑖦f𑖦lofo
atfpgx𑖦5 . df ;dlijb wd{fh
pk]l klg cf0tj f ;Dd 7hf]
kfgl kfg]k𑖦ffnl vf ;g/x𑖦f]
atfpgx𑖦5 .

dwẏ k𑖦ẏdf kfgl gkbf{
/f𑖦f0FēP} vfgkfglsf] klg
;d:of ePsf] 5 . Ogf/ /
rfkfsn ;Sbf vfgkfglsf]
xfxfsf/ ePsf] xf] . dwẏ
;/sf/n] k𑖦ẏnf0{ ;Svful t
l𑖦 3𑖦f𑖦off ul/ ;s𑖦f]5 .
dwẏ g𑖦fns} c𑖦g
e08f/ xf] . t/ clxn𑖦f]cj :yfn]
pT𑖦fbg lgs} 36𑖦] ; l]t
ul//x𑖦f]5 . o ;n]vfB ; l6
lgD𑖦fpg] vt/f ;d] a9fPsf]
5 .

;Svful t l𑖦 3𑖦f𑖦off ePsf]dwẏsf * lhNnfd f s𑖦f d𑖦qfnosf]6𑖦l h𑖦𑖦

kflnsf vfh
• |dx𑖦/L

kof{t kfgl gk/k15 /f𑖦f0F𑖦g
g ;s𑖦f] ;Svful t l𑖦 dwẏ
k𑖦ẏsf * lhNnfd f cl𑖦ogsf
nflu s𑖦f d𑖦qfnosf]6𑖦l h𑖦g]
ePsf]5 .
d𑖦qfnon]x/𑖦 lhNnfd @÷@
hgfsf]b/n]6𑖦l k7fp g]lg0𑖦f
u/𑖦f]xf] . ef]n k𑖦g]6𑖦ln]
dwẏ k𑖦ẏdf /x𑖦f
d𑖦qfnoc𑖦tu{sf sfo𑖦d /
cfof]hgfsf sd{f/L ;F
;d𑖦jo ug𑖦 .
clxn] /x𑖦f l ;Ff0sf
;𑖦rgfx𑖦nf0{ k𑖦f𑖦kdf
;~fng tyf l ;Ff0sf nflu
c? ljsNkaf/] ;Dal𑖦wt
lgsfox𑖦 ;F 5nk𑖦n u/L
tTsfnlg / bl3𑖦fnlg lg0𑖦f
ul/g]d𑖦qfnon]hgfsf]5 .
nfd] ;do ;Dd kfgl gk/k15
vfgkfglsf] ;d] cefj ePsf]
/ wfg /f𑖦g] c j :yf ;d]
gePsf] e𑖦b} dwẏ k𑖦ẏ
;/sf/n]s𑖦l lbgcl3 ;Svful t
l𑖦 3𑖦f𑖦off u/𑖦f]lyof] .
dwẏsf * lhNnfd
clxn] ;Dd e𑖦𑖦8} \$^ kltzt
/f𑖦f0FēPsf]dwẏ k𑖦ẏsf]s𑖦f
d𑖦qfnon]hgfsf]5 . l j utdf
c ; f/ ; ls𑖦 dwẏ k𑖦ẏdf
e𑖦𑖦8𑖦} kltzt /f𑖦f0F𑖦g]u/𑖦f]
lyof] .

kj𑖦f/ ljsf ; sfo𑖦𑖦o hn𑖦j/ dx𑖦/L dwẏ k𑖦ẏ, g𑖦fn

kj𑖦f/ ljsf ; sfo𑖦𑖦osf]hglxt df hf/L ;Gbẏ

;8s xfdl ;a𑖦f] ;fe𑖦f ;Dklt xf] . o ; ;Dkltsf]k𑖦f𑖦 ug]clwsf/
xfd] ;a𑖦f0{/x𑖦f]5 . ;8s, df𑖦/]n kh tyf e𑖦f𑖦𑖦}kh h:tf e𑖦f𑖦s
;𑖦rgfx?sf] ;𑖦f0f ug{xfdl ;a𑖦f]bfoTj xf] . dwẏ k𑖦ẏ ;/sf/sf]
nufgldf lgld𑖦 ol ;𑖦rgfx? yf]𑖦 nufglsf]dd𑖦 ;Def/n]w]𑖦} ;do
;Dd l6sfp / k𑖦f𑖦 of𑖦o /xg𑖦 . tkf0{xfd] ;fgf] ;xof𑖦, k𑖦f ; /
;Ygn]dxTj k𑖦f{el𑖦sf v]g𑖦 .
To ;𑖦]𑖦

;8s cltq𑖦d0f u/L ;8ssf]s]𑖦 l j𑖦b𑖦af6 Right of Way sf]
l𑖦flwsf/leq s𑖦}klg :yfol tyf c:yfol ;𑖦rgfsf]lgdf𑖦 gu/f𑖦.
— ' ;Dal𑖦wt lgsfosf]cg𑖦ltl jgf s𑖦}klg zfvf ;8s lgdf𑖦
gu/f𑖦.

— ' ejg nufotsf kj𑖦f/ lgdf𑖦 ;Da𑖦wdf :yfglo txn]hf/L u/𑖦f]
dfkb08 k𑖦f𑖦kdf k𑖦ngf u/f𑖦.

— ' ;8sdf hyfefjl ;jf/L ;fwg k𑖦fs𑖦 gu/f𑖦.

— ' /li6𑖦 ejg ;𑖦tf ;a𑖦]k𑖦ngf u/f𑖦.

lgdf𑖦 tyf Jofk𑖦l/s ;fdu𑖦x? ;8s tyf k𑖦6kfydf g/fv𑖦.

— ' l jle𑖦g lgdf𑖦 sfo𑖦?sf] ;dodf gfnlnf0{gk l/g]u/L lgdf𑖦{sfo𑖦
u/f𑖦} / kl/i6sf]v08df kfglsf]k jfxnf0{ ;8sdf gc𑖦pg]u/L Joj :yfk g
u/f𑖦 ;fy} sfo𑖦 ;lsPkl5 gfnl ;k𑖦f u/f𑖦.

;Ldfgfsfaf6 ljbẏLx𑖦sf] cj𑖦 k𑖦ẏ

kflnsf vfh
• |dx𑖦/L

g𑖦fn-e f/ t vhf ;Ldfgfsfsf
sf/0f ljbẏLx?sf]cj𑖦 k𑖦ẏ
a9𑖦 yfn𑖦f]k𑖦Psf]5 . vhf
l ;dfgf /x𑖦f sf/0f ;xh
cfj fudgn] uDeL/ ;Ylff
rb𑖦]l ;d] a9𑖦f]5 .
dwẏ k𑖦ẏsf] ;Ldfj tl{ l𑖦
j l/u-h, le𑖦f𑖦𑖦, s𑖦l k𑖦ẏsf]
;Ldfj tl{ l𑖦 x𑖦a𑖦nf𑖦, e𑖦f g,
ad𑖦{-Dofgdf/_ / l tAataf6
ljbẏl gful/ssf]cj𑖦 k𑖦ẏ
lg𑖦t/ e0/x𑖦f]b]vPsf]5 .
s𑖦l ;ftf cl3 j l/u-h gfsfaf6
a𑖦nf𑖦ẏLx?sf] Ps ;d𑖦
b]vPsf]lyof]To: t}ut r𑖦 !#
ut]cd] /sfaf6 𑖦8k𑖦f{ePsf
!# e6fgld𑖦o]rf/hgf e𑖦fkfsf]
a𑖦8f𑖦 z/Offyl𑖦l j /df cj𑖦
𑖦kdf k𑖦ẏ u/𑖦f lyP . h ;d𑖦o]
tlghgf kfgl6𑖦f𑖦l gfsfaf6 t g𑖦fnlh:t}cgxf/ / efiff
nsl𑖦5kl g𑖦fn l5/𑖦f lyP eg]
rfy𑖦]Jo lQ𑖦 afx𑖦8f𑖦l gfsfaf6
k𑖦ẏ ubf{ k𑖦fp k/𑖦f lyP
.cd] /sfaf6 l8k𑖦f{ePsf c𑖦
w]𑖦}z/Offyl𑖦oxl z𑖦l df g𑖦fn
k𑖦ẏ ul//x𑖦f 5g𑖦 . o ;af/]
:yfglo ;Ylff ;𑖦q a]v a/
b]vPsf]5 . g𑖦fn, ef/t /
a𑖦nf𑖦ẏsf] ;Ldfsf] ;ad:yn
dfgg]k]l{ l𑖦tk𑖦f𑖦l ;lnu8
sf/8f] -lrg𑖦 g𑖦- l𑖦 cj𑖦
3' ;k𑖦sf nflu k𑖦v /
;𑖦gzn l𑖦 alg/x𑖦f]5
.e]feiff abn] l tAatLx𑖦,
gSsnl cfwf/ sf8{ b]v𑖦P/
ad𑖦Lx𑖦, g𑖦fnl h:tf]b]vg]
e6fgl / ef/tlo:h:tf b]vg]
a𑖦nf𑖦ẏl gful/s ;lhn]g𑖦fn
k𑖦ẏ ubf{cfPsf 5g𑖦 e6fglx𑖦
k𑖦ẏ ubf{cfPsf 5g𑖦.

ePsf sf/0f ;xh} k𑖦ẏ
ul//x𑖦f 5g𑖦 . ef/t n]gfsf
j f/kf/ ug{ Pst k𑖦l{ .cf08
e] /l k𑖦s}𑖦 ;𑖦 clg jfo{u/𑖦f]5
.t/ klg ljbẏLx𑖦 j𑖦lnks
af6f]k𑖦f u/𑖦 g𑖦fn k𑖦ẏ
ul//x𑖦f 5g𑖦 . vhf ;Ldfsf]
k𑖦f0bf p7fp𑖦 ljbẏl
gful/snf0g𑖦fn k𑖦ẏ u/fpg
;Ldfkfl/ / jfl/ b]𑖦}t/
bnfnx𑖦 ;lq𑖦 k𑖦Psf]5 .
e6fgl o jfx𑖦nf0{hgxl !)÷!)
xhf/ ef/tlo ?k𑖦fFc ;h]
g𑖦fn k𑖦ẏ u/fPsf]36gfn]k𑖦6
x𑖦5 .To: t} a𑖦nf𑖦ẏLx𑖦
dtb𑖦tf kl/rok𑖦 / gSsnl
cfwf/ sf8{ b]v𑖦P/ ef/tlo
gful/ssf] ?kdf g𑖦fn k𑖦ẏ
ubf{cfPsf 5g𑖦.

lhNnf sf/fuf/df s𑖦l

a𑖦bLx𑖦lar b𑖦f𑖦f]e𑖦8k

kflnsf vfh
• |dx𑖦/L

lhNnf sf/fuf/ l ;/fxdf s𑖦l
a𑖦bLx𑖦 lar b𑖦f𑖦f]e𑖦8k ePsf]
5 . e𑖦8kdf !# hg𑖦 3𑖦0t]ePsf]
l ;/fxsf ;xfos k𑖦v lhNnf
clwsf/L r]t/fh a/fnn]
hfgsf/L lbP . pgsf cg'f/
sf/fuf/ k𑖦f ;g / ;Ylff
clwsf/Lx𑖦sf]6𑖦l sf/fuf/
ku] cfjZos ;𑖦k5 ul//x𑖦f]
5 . 3𑖦0t𑖦𑖦nf0{pkrf/sf nflu
k𑖦b]zs c:ktfn l ;/xf
k7𑖦Psf]5.pgn]eg] .c j :yf
;fdf𑖦o g}e𑖦g]5 . 36gfaf/]
k/Des 5fglagsf nflu clxn]
g𑖦fn k𑖦/L / ;z:q k𑖦/L
ansf k𑖦/L goa pk/Llfs
;lxtsf]6𑖦l sf/fuf/ ku𑖦f]
5 . 𑖦lfdtfe𑖦b ;f9] tlg u𑖦ff
a9l s𑖦l a𑖦bL /x𑖦f]l ;/xf
sf/fuf/df cj𑖦 sf/f𑖦f/ x𑖦]
u/𑖦f]cfz l𑖦df lhNnf k𑖦f ;g
sfo𑖦𑖦o l ;/fxsf]g]l j df
zlga/ laxfg g𑖦fn k𑖦/L /
;z:q k𑖦/L an ;lxtsf] ;Ylff
clwsf/Lsf]6𑖦ln] s𑖦l a𑖦bL
a:b}cfPsf]x/𑖦 sf]fsf] ;r{
u/𑖦f] lyof] ;r{ ck/]gsf]
sf/fuf/df s𑖦l a𑖦bLar b𑖦f𑖦f]
e𑖦8k ePsf]xf].

सडक दुर्घटनाबाट बचाऔं र बचाऔं

- जेब्रा क्रसिङबाट मात्र सडक पार गरौं,
- सडक पेटीबाट हिडौं,
- रातीको समयमा यात्रा गर्दा प्रकाश परावर्तन हुने कपडा लगाऔं,
- चलिरहेको सवारी साधनबाट ओर्लिने वा चढ्ने कार्य नगरौं-नगराऔं,
- सवारी साधनमा भएका सिट बेल्ट प्रयोग गरौं,
- भीडभाड भएका सवारी साधनमा यात्रा नगरौं-नगराऔं,
- सडकमा जथाभावी नहिडौं-नहिडाऔं,
- पशु चौपायाहरूलाई सडकमा नछाडौं,

hgsk/wfd pkdxfgu/kflnsf wglff dwẏ k𑖦ẏ .