

afaf
hnZj/gfysf]
kfjgggu/L
hnZj/df
kfNgxbg] ;Dk0f{
dxfgbfjx?nf0{
xflb\$:jfut
ub5f].
kflnsf vfj
kl/jf/ dxf0/L

पालिका खोज

PALIKA KHOJ WEEKLY NEWSPAPER MAHOTTARI

aif{\$,c\$ @%,@) *@ ;fpg !(ut] ;f]af/- 4 AUGUST, 2025_-k[7 \$_dNo ?=%÷-

nfu"cfjwsf] 6fkh6l dwzdf
k/Lsf] ;lqmotf a9bf]

ljUxL l;#f0 || !\$ jifdf !) s/fb ^(
nfv vr{pknAw z6o ls;fg kfljt

lhjg rfy/L
dxfd/L
nfu"cfjwsf] 6fkh6l sf]kdf
dwz kpx :yifkt xg yfnkl5
k/Ln]; f]lj?4sf]cleofgnf0{
cl3 a9fPsf]5 .
dwz kpxdf k/Ln]cleofg
g} yfnl ; jg stf /
sf/faf/Llj?4 sf/afxl cl3
a9fPsf]kpx k/Ln]hgfPsf]
5 . dwz kpxsf cf7]hNnf
ef/tlo ;ldf; f h[8Psf]
oxl gfsfaf6 nfucf]wsf]
sf/faf/ sf7df08; Dd xg]
u/f]gkfn k/Lsf]cg; wfgn]
b]fPsf]hgfPsf]5 ;ldf]tl{
ef/tlo ahf/df ;xh?kdf
kfp] nfucf]fw vhf]df
laqln]b]of; glsf]b/ dwz
kpxdf pRr /xsf] k/Lsf]
tYofsn] b]fPsf]5 . Ps
jifsf]cjlwdf sl/a @s/fb
dNo a/fa/sf] nfu' cfjw
a/fdb ePsf]5. h;df 7hf]
dfqdf uf]f, r/] , a[pg ;u/
/ clkid a/fdb ePsf] dwz
kpx k/L sfofion]hgfPsf]
5 .
Ps jifsf] cjlwdf !% xhf/
\$ \$ @ lsnf]ud uf]f a/fdb
ul/Psf]5, h;sf]dNo !* s/fb
^) nfv ?kpfaf/fa/ 5 . To:t}
kfF ; o cf7 lsnf]ud r/] ;
a/fdb ul/Psf]5, h;sf]dNo
/xsf]5. !% nfv dNo a/fa/sf]
tlg lsnf]@)) ufd a[pg ;u/
/ @% nfv dNo a/fa/sf]\$ ^
lsnf]ud clkid; d] a/fdb
ul/Psf]5. ;fy} nfu' cfjw 6
ofAn\$, 0~h\$; g / af]n u/L
tlg nfv &% xhf/ &#^ yfg
a/fdb ePsf]5, h;sf]dNo
Ps s/fb ^& nfv a/fa/ 5 .
dwz kpx k/Lsf 8lcf0fL
pdfk; fb r]t]l]n]Ps jifsf]
cjlwdf nfucf]w; Da6wL %*\$

kflnsf vfj
dxfd/L
nfv *! Xhf/ ! ;o &^
ljUxL l;#f0 cfof]hgfsf]
lgdf sfof; ; ePsf]!\$ jif{
k/f e0; Sbf kl nlf t lqsf
ls;fgxzn] l;#f0 ;ljwf
kfp] ;sf 5gg .
;f]l; #f0{ cfof]hg
;~rflnt gxw wfg /fkf0F
kfljt xgbsf ;fy} pTkfbg
36g] h]vd kl a9fPsf]5
eg]xhf/f]s; fg wfg /fkf0F6
jl~rt ePsf 5g .oxfF
ls;fg v8]lsf]df/sf]sf/Of
clxn]l; Ff0 ;d:ofn]xhf/f]
ls;fg kfljt ePsf 5g
.; fpgsf] klxn] ;ftf; Dddf
lhNnfdf dfq #) klzt wfg
/fkf0FePsf]lhNnf s]f 1fg
s]n]hgfPsf]5 .dwz kpxsf]
cGge08f/ dflgg] dxf]L/L
lhNnf]@ xhf/ x6/ hldgdf
l;#f0 ;ljwf k'of]pg]
dxTjjsf]fl nlosf ;fy
yflnPsf] of] cfof]hgdf
xfn; Dd /fHosf]!) s/fb^(
?kpfFbf a9L /sd vr{
e0;sf]5 t/ e]ts klrt
eg]\$@ klztzdf dfq ;ldt
5. cly\$ jif@)^*÷)^ (af6
e]ts lgdf]sf] sfdn] ult
lnPsf] ;f] cfof]hgfsf] sh
nfut @# s/fb &@ nfv %!
Xhf/ ?kpf /xsf]5 .
o; cfof]hg cftu{
ljUxL gblsf]klZrd / k]L{
e]udfkg]dl6xgl gu/kflnsf]
dl6xgl lw/fk/ l; d/bxl
hnZj/ gu/kflnsf]lku]f]
;uf k;f]t]lsf @ xhf/
x6/ hldgdf afx} dlxgf
l; Ff0 kbfd s]f pTkfbg
a9fpg] / ls;fgsf]hljg:t/
psf:g] nlo /flvPsf] lyof]
t/ xfn; Dd l;#f0 ;ljwf
ku]sf]5g . h]uf clwuf
klqof emGell6nf] ;do;fk]f
Pj tyf lgdf]nlsf]cefj
ah]sf]cefj / :yfglo
lj]bsf sf/Of zfvf gx/sf]
lgdf, gx/sf] ;Argf % j6f
;xfos gx/ u/L !* bzdnj
@) lsnf]L6/ gx/sf]lgdf
sfof/]sPsf 5g . l;#f0{
lqdf ;/sf/n]plrt nufgl
ug{g;sf sf/Of l; Ff0
of]hgfsf]lgdf ul/Psf Aof/h
uf0B P68 PknS; j08
kl]gn l8ef08/ xB]S; {tyf
uf08a08, dh gx/sf]; f0k]gkh
/ gx/df kfgl lgo6qof ug]/
5f8g]xB /uh6/xBaS; h]0f
cj:yfdf /xsf]kf0Psf]5 . of]
;d:ofaf6 o; e]sf xhf/f]
ls;fg kl8t 5g . o;k]t
hn;f] tyf l; Ff0 ljsf;
l8lehg sfofion] wofg
glbPsf]sf/Of ls;fgx? rsf]
dNo lt/] l;#f0{ugk/]sf]5 .
l;#f0{of]hg h]0f]cj:yfdf
/xsf]ePkg ah\$ cklu ePsf]
sf/Of dd\$ / plrt l;#f0{
;ljwf pknAw u/fpg ufx]
/xsf] ;f] sfofion] hgfPsf]
5 .

udL6fddf nfUg ; Sg]/f]uaf6

arfj/ arfcfj-

- kof]t dfqdf kfgl jf em]nnf]kb]f{lkpg]u/fj-
- df]d cg;f/sf t]hf t/sf/L Pj+knnk]h pkef]u/fj-
- ;8]n\$] / af;L vfg\$]f gvfcfj-
- vhf:yfgdf c;llft tl/sfn] /flvPsf vfg\$]f gvfcfj-
- w]}cldnf] lrNnf] / d;n]f/ vfgf gvfcfj-
- 3/ aflx/ lx8bf z/L/ 9fSg]u/L nuf nufcfj-
- 3/, cfEg / cf;kf;sf] lq ;kmf /fvfj-
- JolQmut ;/;kmf0df wofg lbcfj-

dxfd/L ufpkflnsf

dxfd/L

udL6fddf nfUg ; Sg]/f]uaf6

arfj/ arfcfj-

- kof]t dfqdf kfgl jf em]nnf]kb]f{lkpg]u/fj-
- df]d cg;f/sf t]hf t/sf/L Pj+knnk]h pkef]u/fj-
- ;8]n\$] / af;L vfg\$]f gvfcfj-
- vhf:yfgdf c;llft tl/sfn] /flvPsf vfg\$]f gvfcfj-
- w]}cldnf] lrNnf] / d;n]f/ vfgf gvfcfj-
- 3/ aflx/ lx8bf z/L/ 9fSg]u/L nuf nufcfj-
- 3/, cfEg / cf;kf;sf] lq ;kmf /fvfj-
- JolQmut ;/;kmf0df wofg lbcfj-

hgsk/wfd pkdxfgu/kflnsf

wglf dwz kpx



पालिका खोज साप्ताहिक

सम्पादकीय

dn v{< cftt\$tf hjfkbx aggl.

s[if k/vfg elgg]dhs gkfnst ls ;fgsf blv wj
5g\ . bzs[kpV vfBafnl wfgs}nflu dn, lap
/ dnsf]cefj ;w}js ;fgn]eflgk5{ . o ;kfln
klg efu] . /fli6x vfBafnlst xsdf x{cfPsf]of
b/j :yf /fli6x nHhf g}alg/x\$]5 . o ;af/
; /sf/ a/va/ 5g . k/vfgdGql skL zdf{cfhln
; DalGwt dGql / clwsf/Lxznf0{afhfP/ a}sd
cfqmfz JoQm u/ \$f 5g\ls ;fgn]lsg dn kfPsf
5g\ ; /sf/ sf]abgfd ug]sfid gug] eg] .
tlg lbgldq 7fj ; ofhgj Nofpg pgn] lbgz
lbgaf6} ; /sf/ o ; af/]hfgsf/dfq}x]g ; jhgZln
/ uDeL/ 5 eGg]klg b/vfp5 . / s]klg b/v5 eg]
56k6Ldf ls ;fgdfq}x]g ; /sf/ klg 5 .
k/vfgdGqlsf]cfqmfz hfoh x{cfPsf]klg x/\$ jif
bxfu/g]of] ; \$6af/]s] ; /f\$ / jnf lgsfon]ahf
lsg ; dfwfg vfhg eGg]kzg klg p75 .
dwj ; kpxdf dfq}dfusf]Ps rfyOeGbf sd dn
cfklt{ePsf]5 . bze/sf]cfjZostf * nvf 6g
xf] . t/ ; b/v ; f9]# nvf 6gdfq cfoft ePsf]
5 . ls ; fgsf]cfjZostfnf0{kfyldstfdf /fv]
; dod}kof{t dn vl/b klfmof cufl8 a9fPsf]eP
of]lbg cfpG]lyPg . clg k/vfgdGql dGql ;
cfqmfz t geP/ sf] ; xg' < jL/uGhl:yt s[if
; fduL sDkgL / ; fN6 6]8^sf]uf]ddf eg]dn
dfbft 5 . t/ k ; f\$]s ; fgn]v]df xflg gkfP/
ef]fl/g'k/\$]5 . eg]k5 dnsf]cfklt{df dfq}
x]g, xdf]lj t/of kffnl klg lgsDdf 5 eGg]kli6
ePsf]5 .

udLxf x/\$ lbg Ps 6qmf sfF] kofh vfgsf kmfObf

sf7df8f:
udL{ Ct' ;? e0 ; s\$]f 5 .
udLxf :jf:Yosf] cltl/Qm
Vofn /fvG' k5{ jf:tjdf,
udLxf wj} / fuxzn] xdfn0{
3b} ; \$5g\ o:tf] cj:yfdf
z/L/nf0{ a9L kf]f0sf]
cfjZostf kb\$. dflg ; xzn]
cf'gf]vfgdf /l ; nfkknkh
/ dfj ; dl t/sf/Lx ; dfjz
u5g\ o ; af6 pglxzn] skL
xb ; Dd cf'gf] :jf:Yosf]Vofn
/fvG ; \$5g\

udL{sf] lbgdf
rf/b]v kfF ln6/ kfgl
lkpgk5{elg5 . o ; n]tkf0sf]
z/L/nf0{x08f\$ /fvG5 . t/
s]tkf0sf]yxf 5 kofh vfg]
wj} :jf:Yo nfe klg kpfu ug]
; \$5? :jf:Yosf] b]6sf]fn]
kofh wj}x ; fan]kmfObfhs
5 .
tkf0sf]koll dflg ; xzn]eg\$]
; GgPsf] x]hf, kofh vff
udLxf aRg ; lsG5 . sltko
dflg ; xz t kofhnf0{vntLdf
/fvGfn] klg udLxf aRg
; lsG5 eGg]jZjf ; u5g\ t/
kofhnf0{vntLdf /fvGsf] ; sf
sfF]jf ksfP/ vff z/L/nf0{
wj}kmfObf xG5 .
o ; sf kmfObfxz
kf]is tQyxzn]el/kof
kofhdf ; Nkm/ , kmf0a/
kf]f ; od, SoflN ; od, le6ldg
al / ; L /fd] dfqdf kf0G5 .
o ; afx\$, kofhdf wj}kf]is
tQyxz xG5g\ hg z/L/df
sf]6sf] : t/ sd ug]d2t
ub5 .
:6\$af6 arfp5
udLxf udL{ :6\$sf] hf]vd
a95 . o:tf] cj:yfdf, sfF]

kofhn] z/L/sf] tfkqnd
; Gtnt /fv5 / udL{ :6\$af6
arG d2t u5{ tkf0sf] ; nfo{
; nfbsf] z kdf klg vfg
; Sgk5 .
z/L/nf0{zLntf kpfu u5{
kofhdf kfs[ts zLntf u0f
xG5, h ; n] z/L/sf] tfk sd
u5{ o ; n] tkf0sf] lbgel/
tfhf /fv5 .
kfrgdf ; xofful
sfF] kofhdf /fd] dfqdf
kmf0a/ kf0G5 . o ; n] kfrg
klqmofdf ; wf/ Nofp5 /
slahot h:tf ; d:ofaf6 klg
xG5 .

/fxt lbG5 . /fu klt/fvtds
lfdtf alnof]agfp5
kofhdf kf0G]PlG6clS ; 8]6 /
le6ldg ; ln] z/L/sf] /fu
klt/fvtds lfdtfnf0{alnof]
agfp5 ; h ; n]ubf]udL{df ddf
xb] / fuxzaf6 arG ; lsG5 .
5fnf / skfnf] nflu klg
kmfObfhs
5fnfnf0{ rldsnf] agfpg /
skfnf0{alnof] agfpg klg
sfF]kofh wj}kmfObfhs xg
; \$5 . o ; df kf0G] ; Nkm/ 5fnf
/ skfn b]z]nflu kmfObfhs
xG5 .

/utdf lrgL lgoGqOf u5{
sfF]kofhn]0G ; lngsf] : t/
lgoGqOf ug]d2t u5{ h ; n]
ubf]dwd}sf la/fdLxzn]sf
nflu of]nfebos xg ; \$5 .
o ; nf0{cfxf/df s ; /L ; dfjz
ug]
sfutL / gg ld ; fP/ ; nfbsf]
z kdf
o ; nf0{bxL ; f ld ; fP/ vfg
; lsG5
crf/df /fv]
vfg ; f sfF]6qmf sf z kdf
; fef// Ph] ; Lsf] ; xoffaf6
dlxnf :jf:Yoaf6_

udLxfddf nfluG ; Sg]/fuaf6 arfj/ arfcfj

- kof{t dfqdf kfgl jf em]nnf]kbfy{lkpg]u/fj
- df}d cg'f/sf tfhf t/sf/L Pj+knknH pkef]u/fj
- ; 8]n\$]/ af ; L vfg\$ /f gvfcfj
- vhf:yfgdf c ; /lft tl/sfn] /flvPsf vfg\$ /f gvfcfj
- wj}cldnf] lrNnf] / d ; n]f/ vfgf gvfcfj
- 3/ aflx/ lx8bf z/L/ 9fSg]u/L nuf nufcfj
- 3/ , cfFg / cf ; kf ; sf]lf ; kmf /fvj
- JoLQut ; / ; kmf0df Wofg lbcfj

hn4j/ gu/kflnsf
hn4j/ , dxfQ/L

afnaflnsfx?nf0{

kflf0foQm vfgf
v'jfcfj/ skflf0f
xgaf6 arfcfj
:jf:Yo sf0fo
hn4j/ dxfQ/L

आवश्यक टेलिफोन नम्बरहरू

जलेश्वर	जनकपुर
gkin kqs/ dxf ; \$ dxfQ/L %@)%!%	kk/L wglff 520099, 100
hn4j/c:ktfn PDah] ; (&\$%)@%&	; /lff uNd hgsk/ a}f\$ 0186,526586
gkin /Bqm ; ; f] f0GL PDah] ; %@)!)) ,	; z:q kk/L dh]nof 527213, 527800
; fdbflos ljsf ; kl/-PDah] ; %@)!)) ,	dh]nof kk/L rf\$ 520750
RCDSC PDah] ; %@)@ (* ,	6f\$ns sf0fo lh/f]f0f 520366
b ; x/f PDah] ; %@)^&& , (*\$\$\$^))	PDah] ; klAns jh kmf/ 9854022474
albaf ; c:ktfn PDah] ; %@)) () ,	PDah] ; /Bqm ; 102
albaf ; ; Jf ; ldl PDah] ; %@)%^ ,	PDah] ; - ; /fh kmfG8zg 522806
/fduf]knk/ PDah] ; ^()@ (#	dxal/ PDah] ; 525980
lhNnf kk/L %@)) (	PDah] ; d]8sn snh 526091
ljBt %@)!^	PDah] ; sp/ d]8sn ; j6/ 523864
jf?of oGq %@)) (&	a?of oGq hgkf 520011
lhNnf kpf ; g %@)) %%	lhNnf hg :jf:Yo sf0fo 526271
cfjZos g0j/x?sf] nflu ; Dks{u/f]! (&	hgsk/ c+n c:ktfn 520033
	sp/ d]8sn ; j6/ 523864
	wglff tyf c:ktfn tyf cg ; wfg s]b] kf]n- 525800
	jL/jb]8]6n xjy sp/ b]L rf\$ 041-528437

hn4j/ gfy dLgb/
khfcfh

laxfg 9f\$ vNg] ; do ||
)%)) ah]
ljxfg khf cf/tl ||
)%#) ah]
ljxfg 9f\$ aGb ||
!@)) ah]
lbpF] 9f\$ vNg] ; do ||
)\$)) ah]
; Gwof khf cf/tl ; fE ||
)^#) ah]
/lft 9f\$ aGb xg] ; do ||
!@ ah]
-x/\$ x{tfsf] dnanf/ /
zlgaf/ dLgb/ k]E0fdf
lbpF] ehg lsQg ; lxt
xgtfg cf/fwgf _

hn;f]sf]b}zdf kfgls}xfxfsf/

/fh}z lj>f]l

hn;#6sf sf/Of /
;dfwfg tkn{ j}lflgs /
bl3\$fnlg of]hgf lgdf} ul/Pg eg]hnljxlg b}z aGg]b]vG5
.
g]kfn-lxdlzv/, gblgfnf /
k]s[ts hn;f]sf]lx;fan]
ljzjd}cu}yfgdf /x}sf]
df]lgG5 . t/oxl b}zdf clxn]
kfglsf]xfxfsf/ dlRrPsf]5
.
Psf]t/ af9L, eh / klx/fh]
hgwgsf]7hf]lft e0/x}sf]5
eg]csf]t/ rsf]udl{xv8]L
/ hnljxlgtn] hghljg
c:tJo:t ag}sf]5 . o;df
dw]; kp}z ;a}Gbf a9L
kp}ljt ePsf]5 . hxfF
v]af/L lr/f k}sf 5g\ wfg
/f]g ;lsPsf]5h} . 3/3/df
vfgkfglsf nflu;d] kfgl
6bf\$lsf] cfjZos ePsf]5
.
olt;Dd ls dw]; kp}z
;/sf/n];Svfut lf]d];
3f]f0ff ul/;s}sf]cj:yf 5
. of];d:ofs];dfwfg eg]x}Dg
.
o:tf ljktxZ /fhosf nflu
pN6}sdfovf]g / /fhglts
/f]L ;g]af6f]alg/x}sf 5g\
.
bft /fi6xZ ;F ;xof]usf]
cfXjfg klg ul/;s}sf]5
.
o;/L j}lflgs Zkdf ;d]
hn;f]sf]wgl b}zdf kfgl /

- udL}fdddf nflu;Sg]/f]uaf6 arf]/ arfcf}:
- kof}t dfqfdf kfgl jf em]nnf]kbfy{lkpg]u/f}:
 - df}d cg};f/sf tfhf t/sf/L Pj+knknH pkef]u/f}:
 - ;8]n\$]/ af;L vfg\$]/ gvfcf}:
 - vhf:yfgdf c;/lft tl/sfn]/flvPsf vfg\$]/ gvfcf}:
 - w]}cldnf]lrNnf]/ d;n]/ vfgf gvfcf}:
 - 3/ aflx/ lx8bf z/L/ 9fSg]u/L nuf nufcf}:
 - 3/, cf}g / cf;kf;s]lf] ;knf /fvf}:
 - JolQmut ;/;knf0Qf Wofg lbcf}:

anjf gu/kflnsf
anjf dx}Q/L

;dod}cTolws xg]ePsf]5
.
hldgsf]tfkqnd a9}sf]5 .
h;n]kfglsf]jfkls/Of a9fpF
.
lxpFklng];dofjlw / 9fFf
lauF gblsf]axfjdf ;d]
clgoldttf cfpF . ol;a]h]
;Q} Zkdf kfglsf];#6
l;h}f u}/sf 5g\ . o;sf yk}
sf/Of 5g\h;n]kfglsf];tx
hldgdlg efFb}uPsf]5 .
kfgl ;#6sf]c;/s]f;:jf:Yo,
lzlf, /fhuf/Lb]v lnP/
;fdl]hs ;DaGw;Dd b]vPsf]
5 .
t/ tNnf]txdf kg]el/g]
k]sof 5h} . jiff{k}ffnldf
c;Gthgtfn]dg;g l9nf]
nflu] clgoldt 9fFdf jiff{
xg]h] hldgdf kfgl ulx/g
glb0};txdf aufpF .
dw]; kp}zdf b]vPsf]ulx/f]
v8]L, hldgd]gsf];tx 36b}
hfg;s]if pTkfbgdf lu/fj6 /
dfgj cl:t]js};#6n]/fHo
/ ;dfh b}j}f0{uDeL/ ;f}
/ df}df pEofPsf]5 . of]s]n
jftfj/OfLo ;d:of xfDg .
;fdl]hs, cfly\$ / g]ts kZg
klg xf]
em]ns c;Gthgn]r7]lQaf6
axg]vf]fxZdf cj/f]v xF
dw];df kfgl k}b}, pN6}af9L
/ s6fgsf]qf; xG5 . hn]fo'
kl/jtG / kfgl ;#6n]v8]lsf]
cjlw nldapSf]5 . jiff{sd

- udL}fdddf nflu;Sg]/f]uaf6 arf]/ arfcf}:
- kof}t dfqfdf kfgl jf em]nnf]kbfy{lkpg]u/f}:
 - df}d cg};f/sf tfhf t/sf/L Pj+knknH pkef]u/f}:
 - ;8]n\$]/ af;L vfg\$]/ gvfcf}:
 - vhf:yfgdf c;/lft tl/sfn]/flvPsf vfg\$]/ gvfcf}:
 - w]}cldnf]lrNnf]/ d;n]/ vfgf gvfcf}:
 - 3/ aflx/ lx8bf z/L/ 9fSg]u/L nuf nufcf}:
 - 3/, cf}g / cf;kf;s]lf] ;knf /fvf}:
 - JolQmut ;/;knf0Qf Wofg lbcf}:

;D;L ufpkflnsf
;D;L, dx}Q/L

pd]d};Gtfg ;v

k|t|t||bgz uf]d

8f- ef]f l/hfn

sl/c/ eGb}#)÷#% jif{Dd lax] gu/L a:g] k j[Q o]tldfem b]vPsf]5 . To:t} o]jfxčdfem klg 6Gg k}f sdP/ lax]ug]eGb}jibz hfg] nx8 5 . o]foj]tldf b]vPsf] of]k j[Qn]lg ;Gtfgsf];d:of a9fPsf] 5. g]kfn df lg ;Gtfgsf] ;d:of a9L b]vgdf l]jleGg l9nf]lax]klg k dv sf/of xf] . l]jutdf ef]nonf0{b]f]f lb} af]m]kgfnf0{ n'sfP/ /fvG] k j[Q lyof]. clxn]hgr]jgsf sf/of cf]flw pkrf/ ug] cf0eLPk ;Jf lng]qmd a9}sf] 5 . ;xl pkrf/sf klg rf/ r/of xG5g\ . blf lrlst; saf6 ;xl ;dodf ePsf]hfF, cf]flw / pkoQm k/fdz}jw]jbdktln] ;dod};Gtfg ;v k t u/}sf 5g\ cf0eLPk ;Jfdf dfkb08	:jf:Yo tyf hg;vof dGqfnon] xfn}lg ;Gtfg pkrf/ - cf0eLPk ;Jfnf0{Jo]l:yt agfpg / lgodg ug]lg ;Gtfg Joj:yfkg ;Jf ;~rfng;DaGwL dfkb08, @)*@ :jls} u/}sf]5 . of]dfkb08sf nflu xfdn]k6sk6s cfuf ub]cfPsf lyof}xfn}:jf:Yo tyf hg;vof dGqL k k k}haf6 dGg:t/lo lg0f ub] pQm dfkb08 :jls} ePsf]5 . cf0ečf0{/ cf0eLPk h:tf l]lzi6 ;Jf ;~rfng ug{ :jf:Yo dGqnoaf6 clgjfo{ čkdf cgdlt lngkg]Jo]y: dfkb08df ul/Psf]5 . k o} cgdlt k t s]>df lg ;Gtfg /f]u l]z]f1, tfInd k t ODaf]of]h]h:6 / Pgjy];of]h]h:6 nufotsf blf hgziQm clgjfo{ xgkg} . k }f}v/ tkm{ /fli6e ejg ;xtfadj]hdsf] ejg,	l]lzi6Ls} PG8}h]h] tyf ODaf]of]h]h] k f]uzfnf, zNolqnof slf / cfsL:ds ;3g pkrf/ slfnufotsf] Joj:yf xgkg]dfkb08 t]sPsf] 5 . Eč0fsf]ljsf;df k olf c;/ kfg] k f]uzfnf / zNolqnof slsf] jftfj/0flo u0f:t/sf nflu k j]ws dfkb08 t]sPsf] 5. tl slfxčsf] tfkqmd, ;fk]lfs cf>tf / xfjfsf] u0f:t/ t]sPsf]:t/cgčk xgkg} . ;Jf zNs dGqfnon] lgw]f u/}adj]hd dfq lng kf0g} eg]k o} ;yfn]!) k tzt ;Jf ul/a tyf ljkGg ju}f0]lg]zNs pknAw u/fpg' kg} . ;Jfsf]u0f:t/, hgziQm / pks/0fsf] cj:yfaf/] dGqfnosf] ;ldtn] lgoldt cgludg ug] dfkb08 kfngf gug];yfsf]cgdlt vf/h ug{ ;Sg] Joj:yf ul/Psf] 5 .	zqmsL6 jf c08fbfg ug] bfttsf nflu ;d]t :ki6 dfkb08 t]sPsf]5 . bfttsf] pd] @) b]v #% jif{f]alrdf xgkg] sb} klg ;?jf /f]u gePsf] :jf:Yo k/Llf0faf6 k f]oft xgkg] / l]jflxtsf] xsdf bDktLsf] lnlt d-h/Lh:tf l]jfonf0{clgjfo{ ul/Psf]5 . clxn]cf0eLPk ;Jf zNsdf Psčktf 5g . cf]flw; d] u/ @ nfv b]v \$ nfv;Dd lng] u/}sf] kf0G5 . ;Jf zNs :jf:Yo ;y:~rfng dfkb08, @)&& cg';f/ dGqfnon] t]s}adj]hd dfq lng kf0g] elgPsf]5. dGqfnon]zNsdf Psčktf sfod ug{ pkoQm xG5 . t]sPsf]ečf a9L zNs lng] ;yfnf0{sfggadj]hd sf/afxl ug{;Sgk5{. ;Jfsf] u0f:t/, hgziQm / pks/0fsf] cj:yfaf/]cgludg h?/L 5 .	gdh 8]nel/ ls l;hl/og < clxn];Gtfg hGdfp} ;fot xG]rng 5 . of];dodf jf olt 306f]eq l;hl/og u/] eP klg aRrf lgsf]Nbg'k}of]eg] bafa lbg]k j[Q b]vPsf]5 . o;n] ubf{ kl5Nnf] ;do c:jfelfjs čkdf l;hl/og u/] lzz'hGdfpg]qmd a9}sf] 5 . @) b]v @% k tztGbf a9L l;hl/og ;\$;g gxg'kg] xf] . t/, clxn] emG8)&) k tzt;Dd l;hl/og ;\$;g ePsf]5 . Ps k6s l;hl/og ul/;skl5 csf]k6s klg l;hl/og ug]5{ eGg]xG} . ;DalGwt :ql tyf k t /f]u l]z]f1n]dv x]j x]f]g ls hfF] ;Nnf x lbg ;\$5g\ . gdh 8]nel/ ubf{ hlp laluf5 ck]g ul/xnfGg] ;f} klg /fd]x]f]g . l;hl/og ubf{hlp lau5 ls eGg]8/n] ck]g gug]klg 7ls x]f]g .	#%÷\$) jif{f] pd]df dlxnfnf0{;xhčkdf ;Gtfg hGdfpg uxf] k5{ . To:t]f cj:yfdf l;hl/og ug]kg] af]lof]ds cj:yf cfpG ;S5 . l;hl/og ;\$;g s:t]f ug] < s:t]f gug]o;df 5nkmin xgk5{ . clloog, cg';Gwfg ug]5{ . To;h] l;hl/ogsf] ;DaGwdf klg xfdn] cf^g] lbblaxglsf] zf/Ll/s cj:yf x]j dfkb08 agfpg'k5{. /fd] t l;hl/ogečf gdh 8]nel/ g]x]. gdh 8]nel/ ztk tzt /fd] xf] . :tgkfg u/fp} ;f]bo{lalu} clxn]lzzhf0{:tgkfg -a]6 lkml8a_ u/fp} ;f]bo{lalu}5 eGg]e} 5 . of];f;/ unt xf] . lzz'sf nflu cdfsf] :tgkfg h:t]f k]6s cxf/ cč skl klg xG} . - l/hfn j l/i7 :ql /f]u, k t tyf lg ;Gtfg l]z]f1 xg]
--	--	---	--	---	--

jg 89]h]f] lgoGq0f u/f} h]js l]l]wtf ;Mf0f u/f} ;fdflhs, cfly\$ / kof]/0f]lo lft Gog u/f}.

jg 89]h]f] nflu] sf/0fxč

- l]8L, r/f} vfP/ glgef0{[jgdf kmfNgfn].
- gofF3fF pdf}sf] nflu cfuf] nufpgfn].
- uf]h kf]h] cfuf] glgef0{5f8hfn].
- jGohGt' eufpg cfuf] nufpgfn].
- uf]fnf] tyf s]fs}ln] jgdf cfuf] afnl glgef0{5f8hfn].

xG ;Sg] xfgl g] ;fglxč

- e0f em/}f]alp 89] pldg gkfp}.
- ;fgf af} la?jfx? hnl gi6 xg].
- h]js l]l]wtfdf x]; cfp}.
- jGohGt' tyf ltglx?sf] jf;:yfgsf] l]gfz xg].
- jg 89]h]f] dfgj j:tL;Dd km]L wg hgsf] lft xg].

ckgfpG' kg]pkfo tyf ;fjwfglxč

- clUg/yf agfpg] tyf dd} ;Def/ ug].
- HjngzLn j:t'lnP/ jgdf ghfg].
- jg h}n leG uf]h gk]g].
- jg 89]h]f] c;/af/] hgr]gf clej4 ug].
- ;NnLk/, kft-kltE/ tyf emf8L ;kmf0f6 pTkflbt
- lemhfldhf ;dod}x6fpg].

lgoGq0fsf pkfoxč

- cfuf] lgefpg xl/of]:ofpnfn] lk6h].
- cfuf] lgefpg df6f}sf] k|f] ug].
- clUg lgoGqt ;fwgx?sf] k|f] ug].

l8lehg jg sfof}o dxf]/L

3/h' tyf ;fgf pB] sfof}o dxf]/Lsf]

hgr]gfdhs ;'gf

• of]sfof}on]l;kdhs tfInd / ;fgf pB]nf0{ k];fxg ug{lg/Gt/ ;]f k|fg ub]cfPsf]5 .

• :yflgo l;knf0{ ljsf; ul/ cf]dlge{ /f]huf/L ;hgf ug{g}o; sfof}osf]k|v p2]o xf].

• o; sfof}on]l]jleGg ;]fx? k|fg ub]cfPsf] 5 h:t]l;kdhs tfInd, pB] btf{tyf gljs/of, dlxf, blnt, of] / ljkGg ju}f0{nllft l]z] sfof}md .

• :j/f]huf/sf nflu k/fdz{/ k|j]ws ;xof] .

• pBd l]j:tf/ tyf ahf/ Joj:yfkg .

kfgl k/] ʘwfg /fʘF
/fʘs;fg

hgljbʘ ugʘofbj sf] rʘfjgl

kflnsf vfj
dxʘ/L

nfdj; dosj]k|t|fkl5 kfgl
kg{yfnkl5 dwʘsf ls;fg
xliʘ xʘwfg /fʘF h6ʘf
5g\ cfsz]kfglsf]e/dʘwfg
/fʘFug] u/ʘf ls;fgnf0{
clxn]; Dd klg k/Dk/fut
kfgls} e/df kgʘbf{ nfdj
;do; Ddsj] v8]ln] ;Vvf
ePsf] vʘdf wfʘf kʘf6g
yfnʘf] lyof] . h;n] ubf{
ls;fgx? lg/fz ePsf lyP .
t/ nfdj; dosj]cʘt/fnkl5
cfsz]kfgl kbʘf{ls;fg wfg
/fʘF h6ʘf 5g\ .
kl5Nnf]zʘaf/bʘv lbgxʘwʘ
kʘʘsf; aʘ;f]yfgdf kfgl
kg{yfnʘf] 5 . wgʘffsf]
lfl/ʘj/gfy gu/kflnsf-#
l:yt lbuDa/kʘsf ls;fg
/fdpbʘuf/ dxtʘf] nfdj
v8]kl5 cfPsf]jiffʘ]vʘldf
Hoʘg kʘsf]atʘP . pgn]

hʘ / c;f/ dlxgdf yʘ]kfgl
kbʘf{wfg /fʘF uDe/ c;/
kʘʘf]atʘP . pgn]eg]s;ʘ]
l8k aʘ/ʘsf]; xʘfʘf]n]/fʘF
u/ʘf] ePklg rsf] 3fdfs
sf/ʘf laʘjʘf; Sg yfnʘf lyP .
t/ xʘnsf]jiffʘ]afnʘf0{gof
hljg lbPsf] 5 . :yfglo
ls;fg lbnk dxtʘf]kl5Nnf]
jiffʘ]s;fg / wgaʘnsf nflu
cdʘ ;dfg agʘf]atʘP .
l; Fʘ cefjdf /fʘkPsf]afn
;Sg]cʘj:yf kuʘf]lyof]eg]
To; ;ʘ]s;fsgs]ldlxg] vʘ
hfg]cʘj:yf cf0kuʘf]lyof]
clxnʘf]jiffʘ]; ayʘf arʘPsf]
ls;fg dxtʘf]egʘ 5 .
jiffʘ]gxʘ dwʘ kʘʘdf wfg
/fʘFʘf]jʘxʘ]cʘj:yf bʘkl5
kʘʘ ;/sf/n]dwʘnf0{;Vvf
uʘt lʘ 3ʘʘʘf u/ʘf]lyof]
eg] ;ʘlo ;/sf/n] tlg
dlxgʘsf nflu ;\$6uʘt lʘsf]

ʘkdf ;ʘlsʘ u/ʘf]5 . eld
Joʘ:yf, sʘif tyf ;xsf/L
dʘqʘnosf ;lrj 8f- pdʘ
bʘxʘnsf cgʘ;f/ kl5Nnf lbgdf
dwʘsf ;aʘ lhNnfdf jiff{
ePsf]5 . pgn]kʘʘsf; aʘ;f]
:yfgdf jiff{ePsf]n]/fʘF
ult a9ʘf]atʘP .
sʘif lʘsf; lgbʘgʘnosf
tʘofʘ cgʘ;f/ dwʘ kʘʘdf
sh tlg nfv &@ xhf/ ^\$%
xʘ6/ lʘkʘndf wfg /fʘFʘg]
hldg 5 . ;fpg !^ ut]; Dd
b0{nfv !# xhf/ \$*# xʘ6/
lʘkʘndf wfg /fʘF; Dkʘg
ePsf]5 . hʘ sh lʘkʘnsf]
%& kʘtzt 5 . ;lrj bʘxʘnn]
/fʘFʘf]df j[4 xʘ]atʘP .
pgn]kfgl kgʘqnd sfod
/xʘʘf]; fpg dlxgʘ leqʘafʘ
vʘdf klg /fʘF; lsg]5 . l9nf]
eP klg of]jiffʘ]dwʘsf ls;fg
pʘ;flxt bʘvPsf]atʘP .

kflnsf vfj
dxʘ/L

hgtf ;dfhjʘl kʘ6{
gkʘnsf cʘʘf pkʘ> ofbjn]
eʘd; Daʘwl lʘwʘs lkʘtf{
glnoʘ hglj>ʘ ugʘrʘfjgl
lbPsf 5g\ .
/fhlj/fhdf awaf/
h; kʘgʘkʘn ;kʘtʘsfʘPstʘsf]
kʘyʘd lhNnf clwʘjʘgnʘf0{
pʘcf6g ubʘcʘʘf ofbjn]egʘ
jʘtʘf; /sf/n]dwʘ lʘ/fʘ
eld lʘwʘs hahʘtʘl nʘfbʘ

vfjhp dwʘl hgtf cfʘgf] ofbjn] dwʘdf kfglsf]
cl:tʘj / klxʘfsgs] /lʘsf
nflu hglj>ʘ ugʘafʘlo xʘʘg\ ;
jʘg lʘgf; , rʘ]pʘvvgʘtyf
kʘf8sf jʘf; Gʘfnʘf0{dwʘdf e-
dʘfkʘofʘ?nf0{cʘjʘ a;fʘf;
u/fpg ;/sf/ if8ʘ oʘqdf ;
nʘfʘʘf]hgtʘnf0{; rʘ] /xg
pgn]cfʘk u/].
;sf/sʘ]unt gʘlʘsf sf/ʘf
dwʘ dʘelʘsʘofʘtkʘpʘgdv
ePsf] cfʘfʘ nʘfʘʘ cʘʘf
xʘfʘsf/ /xʘf]tyf cʘgbʘtf g]
; l6df kʘʘʘ]ahʘ ;ʘʘvg
u/L jʘtʘf; d:of ;dfwfg
ugʘcfʘk u/ʘf 5g\ .
hʘhʘtʘl nʘfbʘsf]
;hʘwfgn]bʘʘsf]ʘt gʘgʘ]eʘbʘ
kʘ]pʘkʘvʘgdʘqʘl ;dʘ /xʘf
cʘʘf ofbjn]unt ;hʘwfgs]
sf/ʘf ;<lo nʘʘʘtʘfʘqʘs
uʘʘtʘq h:tʘf zʘ;g Joʘ:yf
klg abʘgd ePsf]bʘfʘl u/].

dwʘdf :jʘ:ʘo aldf u/fpg]
;f9]& nfv a9l

kflnsf vfj
dxʘ/L

dwʘ kʘʘdf :jʘ:ʘo aldf
u/fpgʘf]; lʘf ;ft nfv %)
xhf/ gʘ3ʘf]5 . kʘʘsf cfʘ]
lhNnfaf6 ;ft nfv &(xhf/
b0{ ;o %ʘ hgf]n] :jʘ:ʘo
aldfdf cʘa4 ePsf] :jʘ:ʘo
aldf aʘʘf dwʘ kʘʘ ;ʘʘs
/ʘdʘ>kʘ;fb szjʘʘn]hʘfsgʘ/L
lbgeof] .
o; ;ʘkʘʘdf aldf u/fpgʘf]
; lʘf eʘ8]!# kʘtzt kuʘf]
5 . dwʘ kʘʘdf /ʘli6ʘ
hguʘfgf @)* sf]
tʘofʘcgʘ;f/ ^! nfv !\$ xhf/
;lxb kl/jʘ/sʘ] klxʘf ugʘ

5 ;o sh hg; lʘf /xʘf]5 . g;lsP/ ʘʘʘf olsg ugʘ; s]
pxʘʘ] kflnsf tyf kʘʘ
;/sf/; ʘ ;dʘjo u/L
sʘofʘndʘf0{cem kʘʘsf/L
agʘpg] kʘf; e0/xʘf]
atʘpgʘof] .
kʘʘ ;/sf/sʘ] cfʘyʘ
;xofʘudf dwʘsf ;lxb
kl/jʘ/nʘf0{glzʘns ladf ul/Psf]
5 . uPsf] cfʘyʘ jiffʘ kʘʘ
;/sf/n]lʘlgoʘhʘ u/ʘf] \$)
nfv ?kʘʘf]n] sʘl ;lxb
kl/jʘ/nʘf0{ aldfdf cʘa4
hguʘfgf @)* sf]
ul/Psf]pxʘʘ]atʘpgʘof] . a]
;lxb kl/jʘ/sʘ] klxʘf ugʘ
aldf ;ldf yk ul/Psf]5

udʘʘfddf nʘlg ;Sg] /ʘaf6
arʘ/ arʘcfʘ

- kofʘt dfqdf kfgl jʘ eʘʘnnf]kbʘf{lkpg]u/ʘ
- dfʘd cgʘ;f/sʘ tʘhf t/sʘ/L Pj-kʘnkʘh pkeʘ
u/ʘ
- ;8ʘnʘf]/ af;L vʘgʘ/f gvʘcfʘ
- vhf:yfgdf c;llʘt tʘ/sʘn]/ʘlvPsf vʘgʘ/f
gvʘcfʘ
- wʘ}cʘdnf] lʘNnf]/ d;nʘf/ vʘgf gvʘcfʘ
- 3/ aflx/ lʘ8bf z/L/ 9ʘSg]u/L nʘf nʘcfʘ
- 3/, cfʘg / cf;kf;sʘ]lʘ ;kʘf /fvʘ
- JolQʘut ;/;kʘf0ʘf Wofg lbcʘ

sdnf gu/kflnsf
wglʘ dwʘ kʘʘ

जनहितमा जारी अन्देश

गर्मी मौसममा हुनसक्ने आगलागीका घटनाहरु र सोबाट हुनसक्ने

जनघनको क्षति न्यूनिकरण गर्न निम्नानुसार गर्ने गरौं ।

सलाई, लाइटरजस्ता आगो बाल्ने सामग्रीहरु बालबालिका तथा मानसिक सन्तुलन ठिक नभएका व्यक्तिहरुले नभेट्ने ठाउँमा राखौं ।

खाना पकाइसकेपछि आगो राम्रोसाग निभाऔं, खाना पकाउने ग्यास प्रयोगकर्ताले चुलो, रेगुलेटर तथा लाइटर आदि समय समयमा निरीक्षण गरौं ।

चुरोट बिन्डी जस्ता बस्तुहरु प्रयोगपश्चात जथाभावी नफालौं र आगो राम्रोसँग निभाऔं ।

पेट्रोल, डिजेल, ग्यास स्टेसनको वरिपरि सलाई, लाइटरजस्ता सामग्रीको बेचबिखन तथा प्रयोग नगरौं ।

आगलागीका घटना भएमा दमकल, सुरक्षाकर्मी र सञ्चारमाध्यममा खबर गरौं ।

सम्भव भएसम्म घर तथा कार्यालयमा अग्नी नियन्त्रक उपकरण राखौं ।

आगलागीका घटना घटेमा महिला, बालबालिका, वृद्धवृद्धा तथा अशक्तहरुको सुरक्षामा विशेष ध्यान दिऔं ।

आगलागीको घटना कुनै पनि बेला घट्ने भएको हुँदा पानीका स्रोतहरु चालू अवस्थामा राखौं ।

Ps8f/f ufʘkʘnsf
Ps8f/f, dxʘ/L